

time	strong organ yin	weak pulse partner	time	strong organ yang	weak pulse partner
7:40 9:40 AM	kidney	colon	7:40 pm	bladder	sigmoid colon
9:40 AM	adrenals	uterus	9:40 pm	thyroid	parathyroid uterus
10:40 AM	spleen	ileum	10:40 pm	thymus	bronchi
11:40 AM	liver	gall bladder	11:40 pm	mammary lymph	lung
12:40 PM	small intestine	stomach	12:40 Am	pancreas	heart
1:40–2:40 pm	heart	pancreas	1:40 AM 2:40	stomach	small intestine
2:40 PM	lung	mammary	2:40 AM 3:40	gall bladder	liver
3:40 PM	bronchi	thymus	3:40 4:40 AM	ileum	spleen
4:40 PM	parathyroid uterus	thyroid	4:40–5:40 AM	ovaries	adrenals
5:40 PM	sigmoid colon	bladder	5:40– 7:40 AM	colon	kidney

The traditional Chinese acupuncture clock was based on a 12 hour model using 12 channels, but now we have 20 channels, two for each finger and toe. How could that possibly work?

I had noticed that the magnetic strength of the front chakras followed the movement of the sun upwards during the day, but what was happening at night? I awoke one night with a fluttering heart and a weak heart pulse. According to Chinese theory, the heart energy was supposed to be strongest at noon, so it would make sense that it would be weakest at midnight. Was I witnessing the Chinese clock in action?

I observed that the Heart's partner pulse, the Pancreas, was stronger at the same time that the Heart pulse was weak. As the hour moved on, the strong pulse moved to the right hand and the Stomach pulse, while the weak pulse was now the Small Intestine. The heart and stomach respond only to green, while the pancreas and small intestine respond only to yellow green, so I wanted to see if this pattern was more universal.

Insomnia has its uses, so I went outside around 2:00 AM daylight savings time, and gathered clippings from six different plants. When I held each of the plant clippings over a color spectrum, I noted an energy surge on the the magnetic field of the green area, and a

corresponding weakening over the yellow green area. The stomach and heart as organs respond only to green, but the plants were also responding to the same color energy surges and dives. The dark green area on the plants tested at 7, while the yellow green was testing at 3. Most of the other colors on the spectrum tested at a magnetic strength of 5 for these plants.

L yang pulses	L yin pulses		R yin pulses	R yang pulses
			fr sinus midbrain muscles	tongue occiput
sphenoid pons: oc	Nose smell		medulla maxillary sinus	cereb- ellum
ears salivary C1	eyes up.teeth occ		Mouth, eustach. C2	larynx adenoids C3
trachea spinal cord C5	esoph- agus Nerves C4	neck: above wrist line	Para- thyroid bone C6	Thyroid lower teeth C7
Thymus T2	Bronchi T1	old 1st pulse	Lung T3 up skin	Mammary T4 lymph
Panc- reas T6	Heart T5	old 2nd pulse	Sm Int T7	Stomach T8
Gall Blad- der T10	Liver T9	old 3rd pulse	Spleen T11	Sj Ileum T12
Ov Test L2	Adren- als L1		Kidney L3	Colon L4
Bladder S1	Sigmoid Colon L5		Uterus Prostate S2	Sex S3
Anus S5	Rectum S4		lower skin coccyx	lower lymph
urethra	ureter			

Each human organ and pulse responds only to a specific color, and those colors and organs are moving in sequence though the color spectrum and the chakras. Yin movement moves up through the front chakras during the day and down through the yang chakras on the back during the night.

This color sequence is also happening on plants. It seems then that there must be a general tide of the life force through all living organisms that is related to the colors. (It is way too early to generalize about all living organisms, but my dog's energy also follows the same color sequence surges.)

For the next week, I jotted down the time of the color surges on different plant clippings. Once the clippings withered, there was no longer a response. My notes were made on daylight savings time, so you can adjust the times back an hour to create a standard time table. The surges in the pulses and in the plants move across the color spectrum as time progresses. You can feel the

surges change on the pulses like clockwork at 20 minutes before each hour.

What part of these living organisms is recording this flow of color and qi? Could it be the mitochondria? If the daylight movement coincides with the movement of the sun across the sky, then what is

pulling the yang organs and plant surges at night? I don't have the knowledge or the science to answer these questions.

The ultraviolet and infrared bands on the color spectrum are much wider than the yellow or turquoise bands. It seemed that the surges remained in the ultraviolet organs and for a longer period than the other colors; and in fact the pulses and plant surges stayed in those bands twice as long for two hours.

While the new acupuncture system is definitely based on ten digits, ten chakras and ten colors, adding an extra hour to each of the ultraviolet and infrared passages gives us a 12 hour cycle through the pulses. How convenient.

In our anthropomorphic vision of the universe, we start our 24 hours clocks precisely at midnight, but it seems that Mother Nature's color spectrum clock begins roughly 20 minutes before the hour. If we wanted to begin the clock with the base chakra and the beginning of the spectrum as infrared, then it would start at approximately 7:40 Am daylight time. On a color spectrum, it is difficult to know exactly when green becomes turquoise, or when blue changes to purple; but one feels the clear transition on the pulses from blue San Jiao to purple Ovaries at 4:40 AM daylight time.

Will those times change with latitudes or the seasons? Why does each transition occur at the same time before the hour, and not vary according to the organ? I don't know, but these tides of energy seem a significant observation. Are these tides in fact charging the organs, or are they just color waves passing through them, and pulling on their charges? The tides moving through the new pulse map do seem a major confirmation of these new locations that I had mapped out. It is also a testament to the essential astuteness of the ancient Chinese observers.

We humans cannot see infrared or ultraviolet light, but many birds and other animals would surely be able to perceive each of those far and infrared and ultraviolet bands as distinct colors bands. So why not just have six toes and fingers and assign organs and pulses to access each separate part of those infrared and ultraviolet bands?

When you check with different organ vials, the infrared kidney and the ultraviolet colon register on the near end of those infrared and ultraviolet bands, while the myelin and nerve vials strengthen on the outer swathes of those same bands. So perhaps in the beginning Infrared begat Kidney and Ultraviolet begat Colon, and they just stayed put to linger fondly on their creations. No need for extra toes.

Let's ask again why the infrared Kidney and Bladder meridians, and the ultraviolet Colon and Sigmoid Colon meridians require twice the time on the clock as the other organs? In acupuncture these are the core meridians, and they form the Du and the Ren that pass through the center of the torso. Both belong to the Nerve division. It would seem then that this core needs more sustenance.

The near infrared part of the band is stronger for the Kidney or Bladder, while the far infrared strengthens the myelin, so the nerve aspect of the infrared light is the primary one on the spectrum. Both of these Infrared surges are felt on the Kidney pulse in the morning, and on the Bladder pulse in the evening. Both pulses stays strong for a full two hours.

In plants the ultraviolet light will stimulate the roots, which Michael Pollan calls the brains of the plants, while infrared light will stimulate the stamens on the flowers, which form part of its reproductive organs. Our infrared chakra is the lowest on the front, and infrared light stimulates the kidney, but also to images of the vulva and foreskin. Red stimulates the image of flower petals, and also images of our own sexual organs. The ultraviolet of our top front chakra will stimulate images of our brains. You can trace the energy color waves passing through different parts of the plant as the clock moves through the hours. Plant infrared and ultraviolet surges also last two hours. Does this extensive reproductive and nerve energy at the core of our systems reflect a need for more energy than with other organs, or is it just the way the nervous system developed through the evolutionary process?

I am frequently blown away by the consistency of the color patterns in the new acupuncture structure that I uncovered. This clock pattern though seems to be tied to a more universal energy source. The ancient Chinese picked up the elements of many of the patterns we see daily in our offices, but they did not connect them at all correctly to the a full set of colors found on a spectrum. Colors confirm and structure so much of what might be called the natural healing system. I love the beauty of a incoming and receding tide of color.

