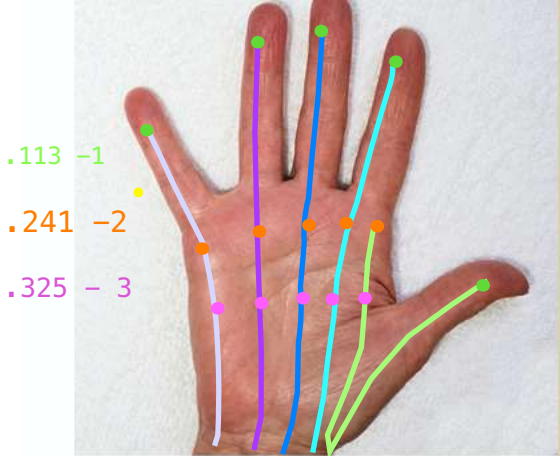
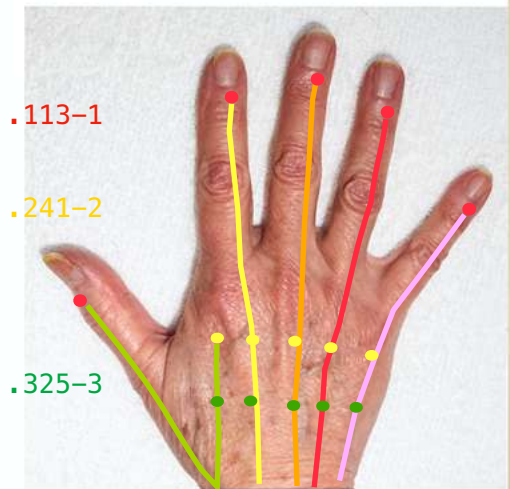
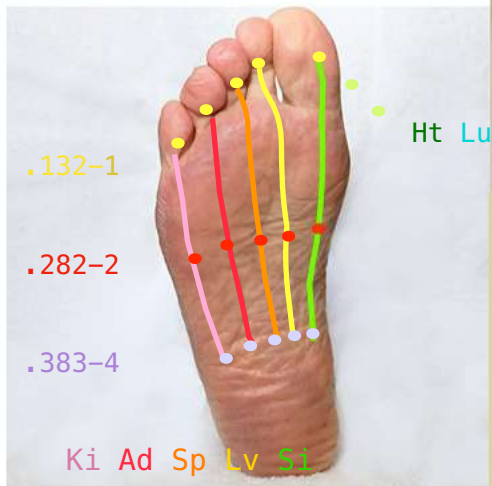




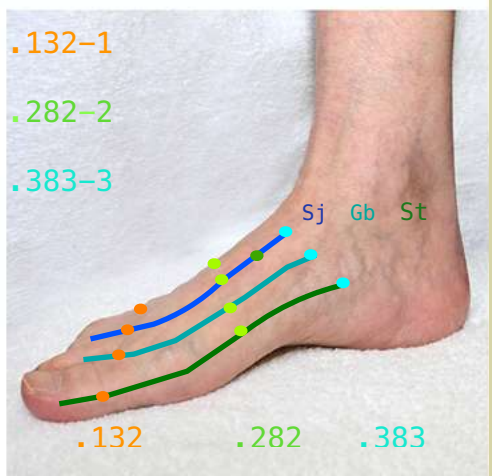
Nv Pt Br Lu Ht



Pan Ma Tm Tr Ub



Ki Ad Sp Lv Si



.132 .282 .383

Leg Mu

sinus 6.802
face-17
max 6.826
face -16
Mo 6.878
C2 -15
Pa 6.883
C6 - 14
Lu 6.923
T3 -13
S Int T7
6.962-12

Sp 6.997
T11 -11

Ki
6.1022
L3-10
Ut
6.1046
S2-9
6.1064

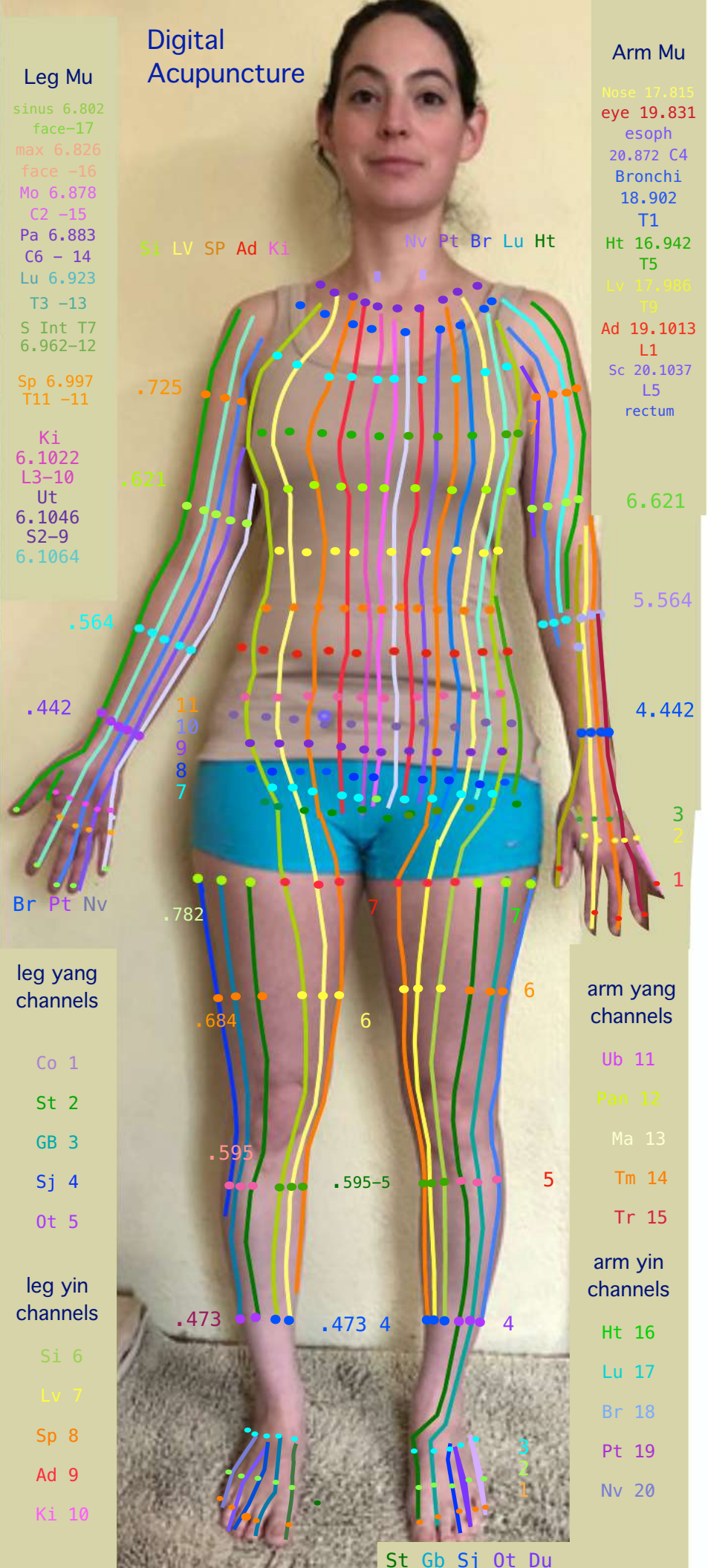
leg yang channels

Co 1
St 2
GB 3
Sj 4
Ot 5

leg yin channels

Si 6
Lv 7
Sp 8
Ad 9
Ki 10

Digital Acupuncture



Arm Mu

Nose 17.815
eye 19.831
esoph
20.872 C4
Bronchi
18.902
T1
Ht 16.942
T5
Lv 17.986
T9
Ad 19.1013
L1
Sc 20.1037
L5
rectum

arm yang channels

Ub 11
Pan 12
Ma 13
Tm 14
Tr 15

arm yin channels

Ht 16
Lu 17
Br 18
Pt 19
Nv 20

Arm Shu

frequency
acupuncture

Pons 12.1064
occ -17
Salivary 12.1046
C1-16
trachea 12.1022
C5-15
Thymus 12.997
T2-14
Pan 12.962
T6-13
Gb 12.923
T10-12
Ot 12.883
L2-11
Ub 12.854
S1-10
Anus 12.826
S5-9
urethra 12.802
Sacr -8

Pan 3
12.348

Pan 5
12.564

Pan 6
12.621

Pan 7
12.734

Pan Ma Tm Tr Ub

Du 7
1.782

Du 6
1.684

Du 5
1.595

Du 4
1.473
(outer
bands,
center
channel)

Ht Lu Br Pt Sk

7

6

5

4

Sp Ad Ki Du Ot Sj

Leg Shus

Tongue 2.1071
occ
Cerebellum 2.1052
occ
Larynx 2.1037
C3
Thyroid 2.1013
C7
Mammary 2.986
T4
Stomach 2.954
T8
Sj ileum 2.902
T 12
Colon 2.872
L4
Sex 2.831
S3
hood glands 2.815
CCX

Ki 7
10.754
(inner
bands,
center
channel)

Ki 6
10.655

Ki 5
10.564

Ki 4
10.453

Side View

Dotted lines are
arm channels.

Channels and Shu
Mu: same colors

Yang Shus

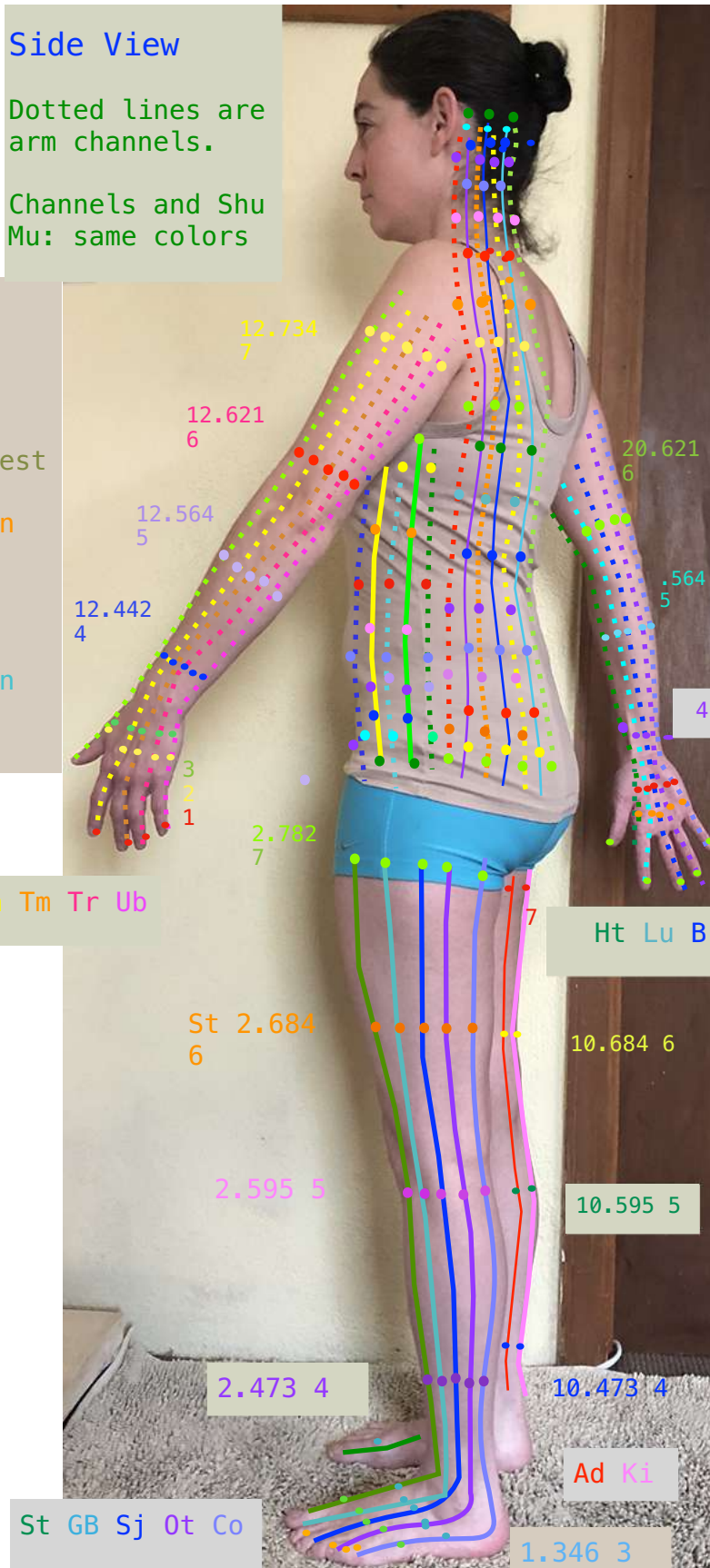
Occ eyes
Occ nerve shu
occ cerebellum
C1 Salivary
C4 esophagus
C5 trachea
C7 Thyroid
T2 Thymus
T4 Breast
T6 Pancreas
T8 Stomach
T10 Gall Bladder
T12 Ileum SJ
L2 Ovaries Testes
L4 Colon
S1 Bladder
S3 Sex
S5 Anus
urethra

Yin Mu-
side
torso

T5 Heart
T7 Sm Intest
T9 Liver
T11 Spleen
L3 Kidney
L5 Sig Co
S2 Uterus
S4 rectum
lower skin
ureter

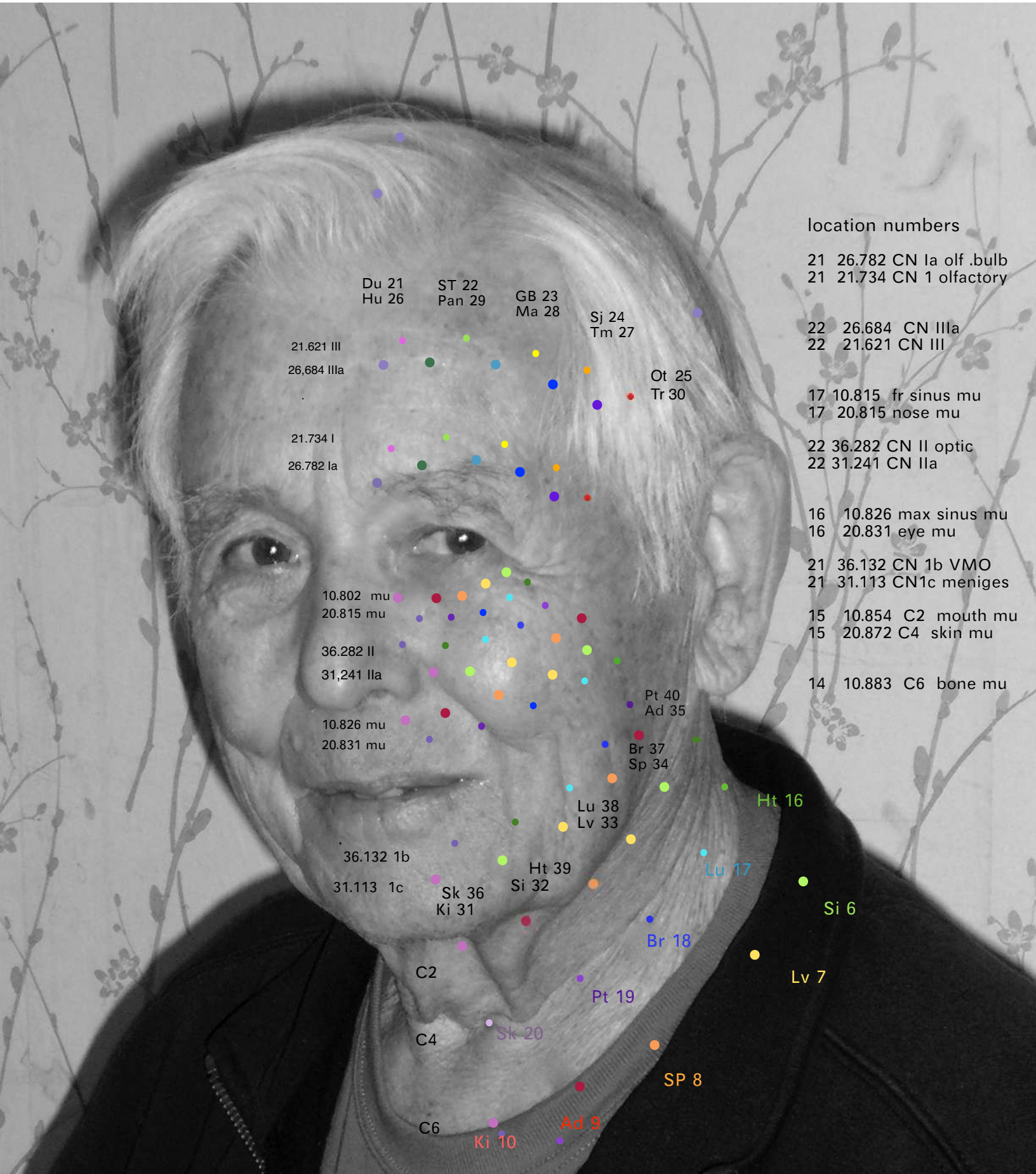
Pan Ma Tm Tr Ub

Ht Lu Br Pt Nv



St GB Sj Ot Co

Ad Ki



location numbers

21 26.782 CN Ia olf .bulb
21 21.734 CN 1 olfactory

22 26.684 CN IIIa
22 21.621 CN III

17 10.815 fr sinus mu
17 20.815 nose mu

22 36.282 CN II optic
22 31.241 CN IIa

16 10.826 max sinus mu
16 20.831 eye mu

21 36.132 CN 1b VMO
21 31.113 CN1c meniges

15 10.854 C2 mouth mu
15 20.872 C4 skin mu

14 10.883 C6 bone mu

Du 21 Hu 26 ST 22 Pan 29 GB 23 Ma 28 Sj 24 Tm 27

21.621 III
26.684 IIIa

21.734 I
26.782 Ia

Ot 25
Tr 30

10.802 mu
20.815 mu

36.282 II
31,241 IIa

10.826 mu
20.831 mu

Pt 40
Ad 35

Br 37
Sp 34

Lu 38
Lv 33

Ht 16

36.132 1b

31.113 1c

Sk 36
Ki 31

Ht 39
Si 32

Lu 17

Si 6

Br 18

Lv 7

C2

Pt 19

C4

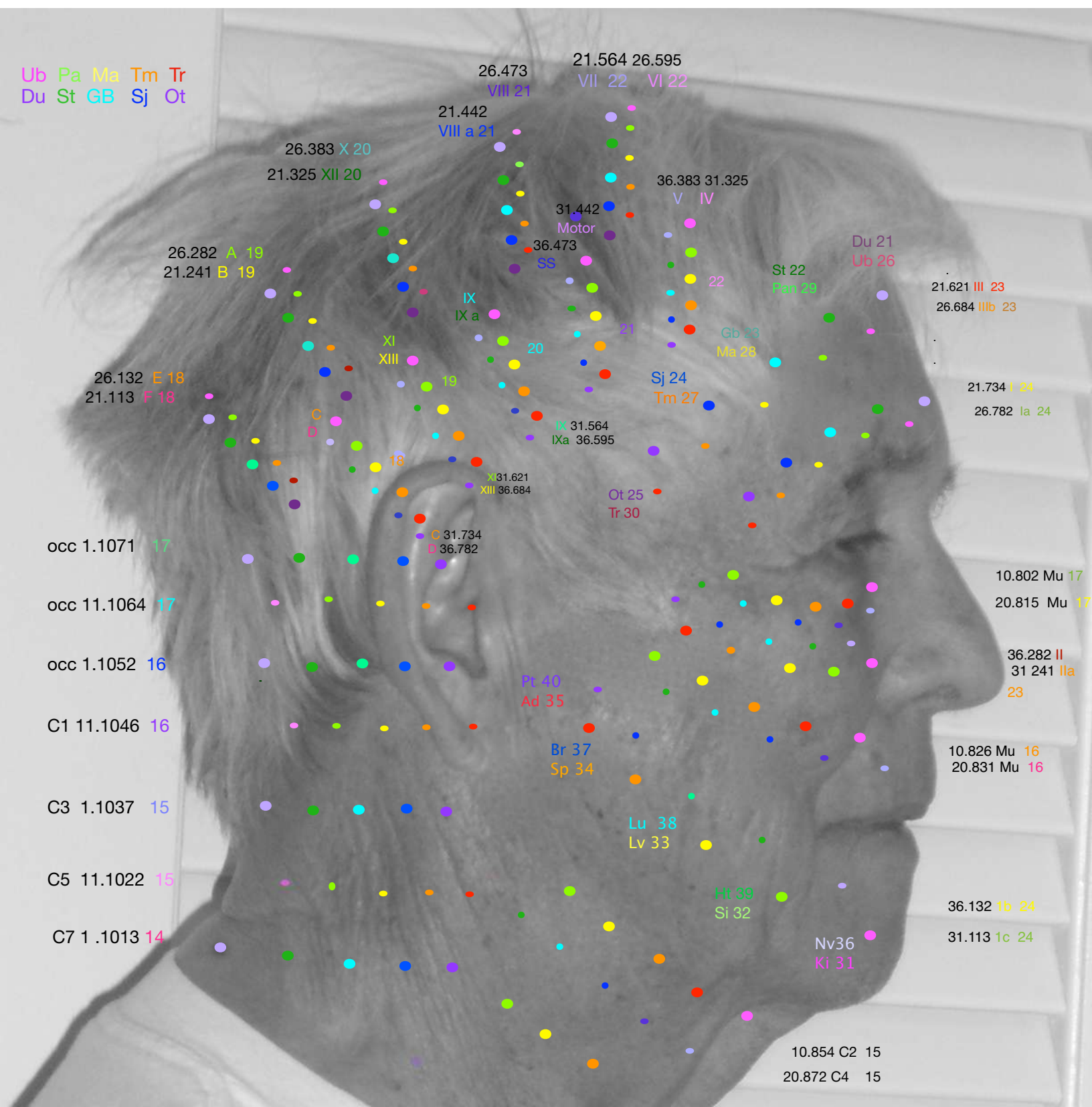
Sk 20

SP 8

C6

Ki 10

Ad 9





Nv

violet

Pa

purple

Br

blue

Lu

turquoise

HT

green

SI

lime

LV

yellow

SP

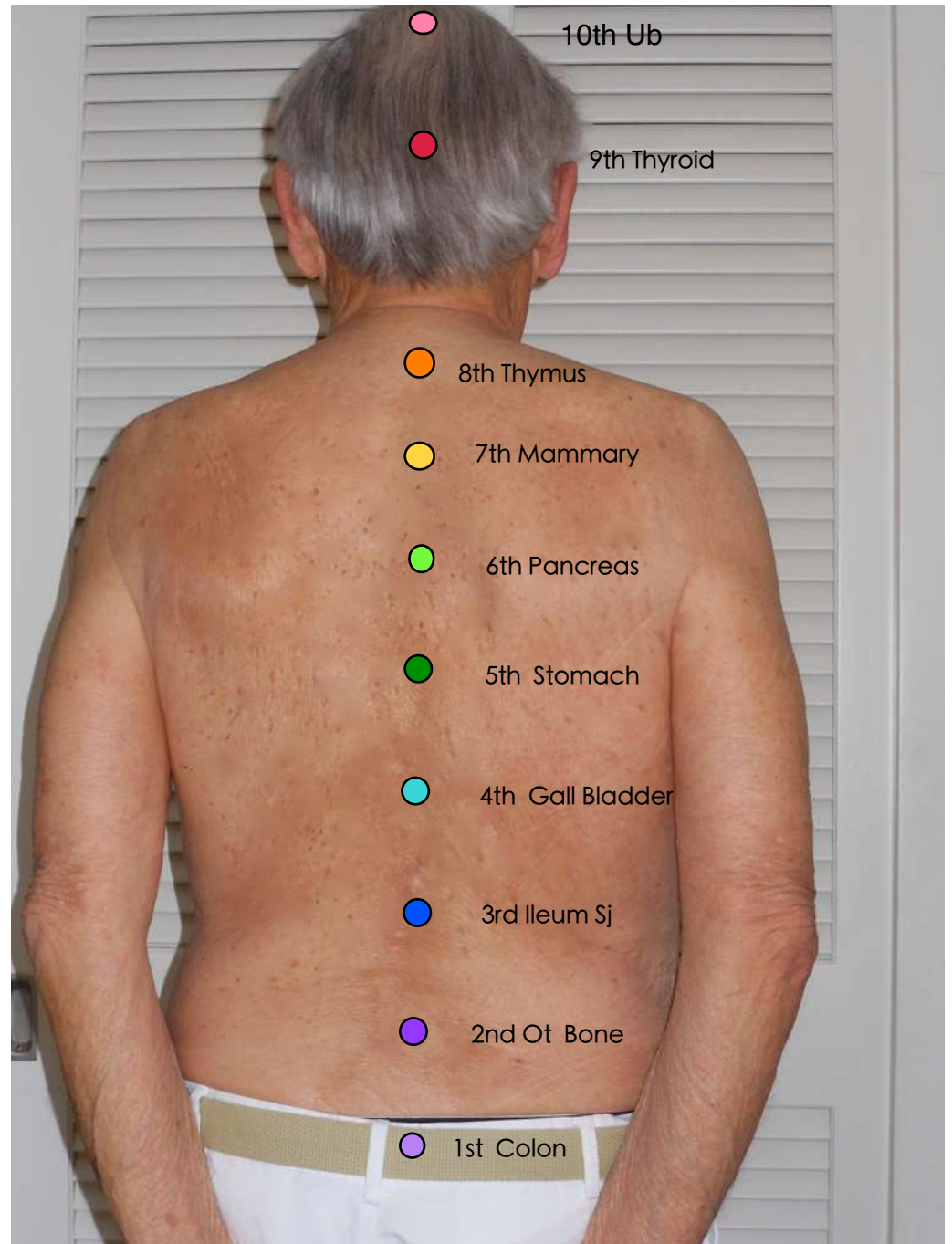
orange

Ad

red

Ki

infrared



St Du

Shu Points

Parathyroid
Channel
(arm)

19.734 7

19.621 6

19.563 5

19.442 4

19.328 3

19.241 2

2.1071 eyes occiput 17

12.1064 pons occiput 17

2.1052 cerebellum 16

12.1046 ears saliv. C1 16

2.1037 larynx C3 15

12.1022 trachea C5 15

2.1013 Thyroid C7 14

12.997 Thymus T2 14

2.986 Mammary 4th T 13

12.962 Pancreas 6th T 13

2.942 Stomach 8th T 12

12.923 Gall Bladder T10 12

2.902 Ileum San Jiao T12 11

12.883 Ovaries Testes L2 11

2.872 Colon L4 10

12.854 Bladder S1 10

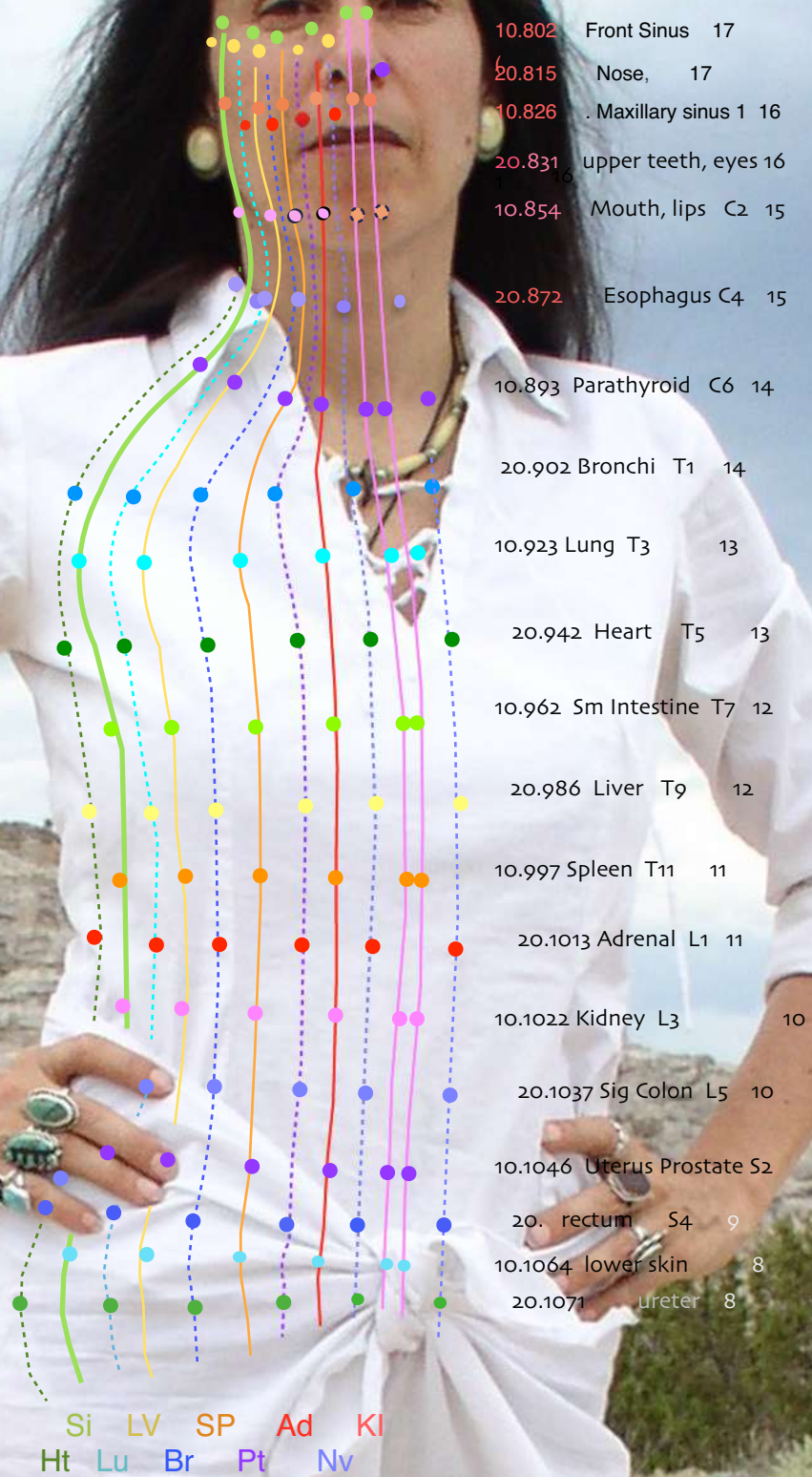
2.831 penis clitoris S3 9

12.826 anus S5 9

2.815 glans penis 8

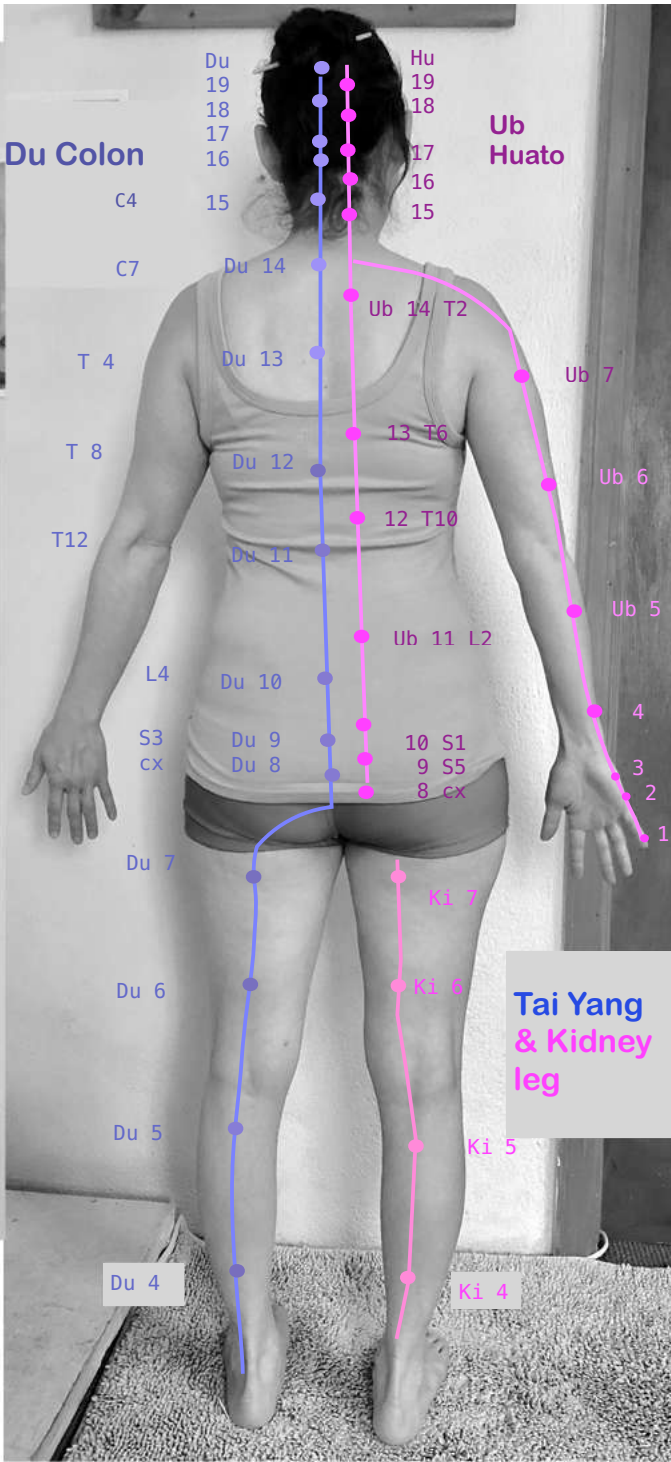
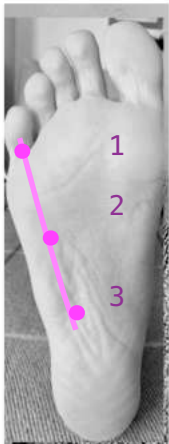
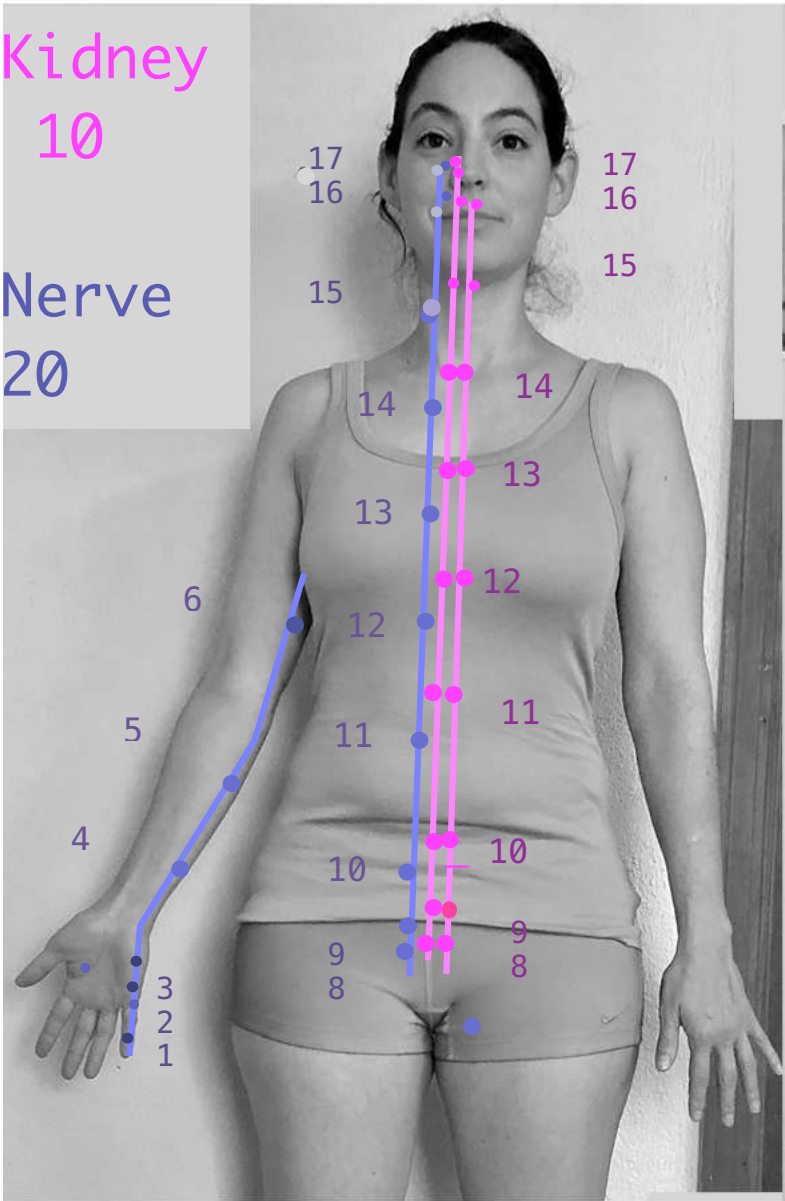
12.802 urethra 8

MU POINTS

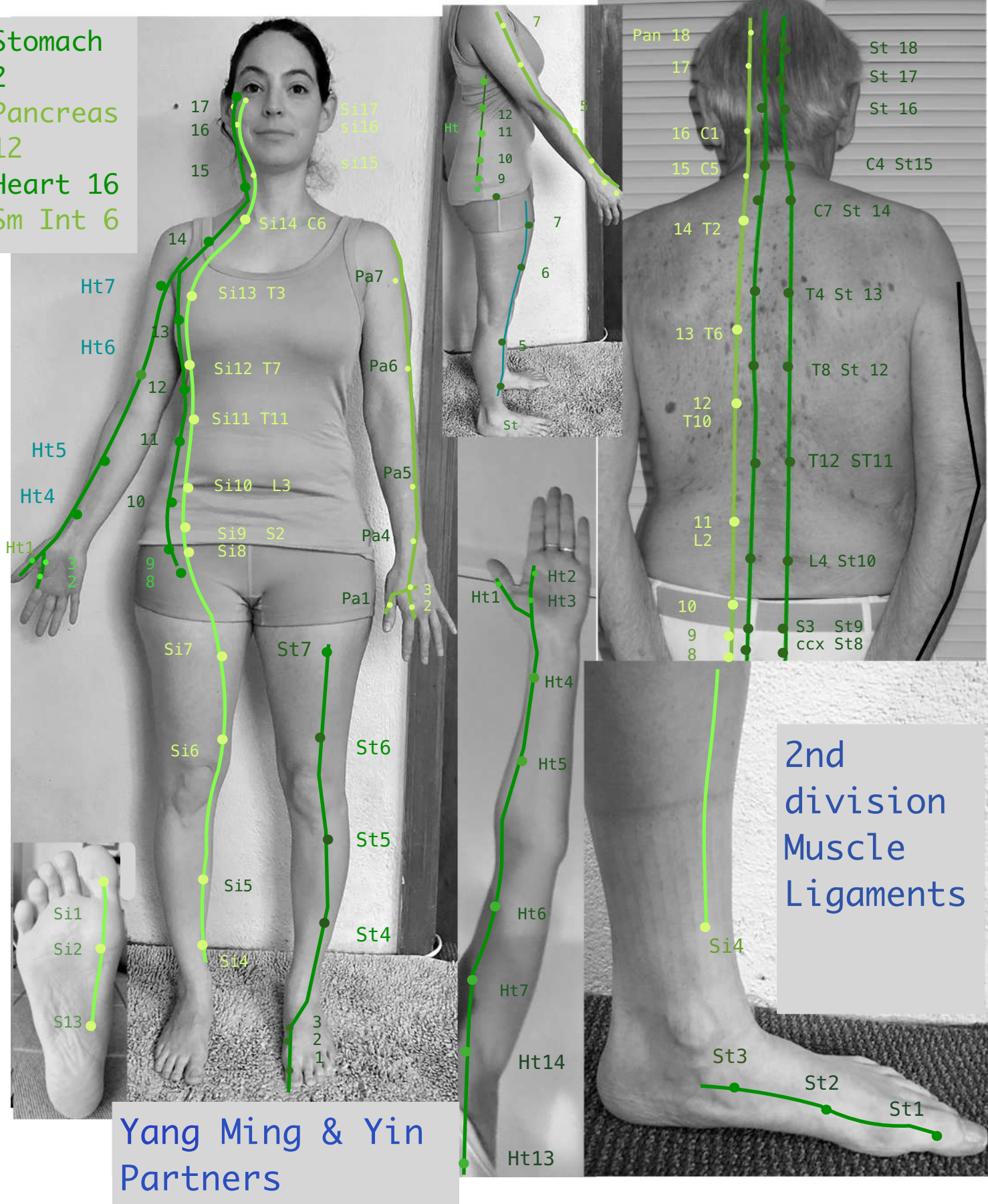


Kidney
10

Nerve
20



Stomach
2
Pancreas
12
Heart 16
Sm Int 6



Yang Ming & Yin
Partners

Liver 7

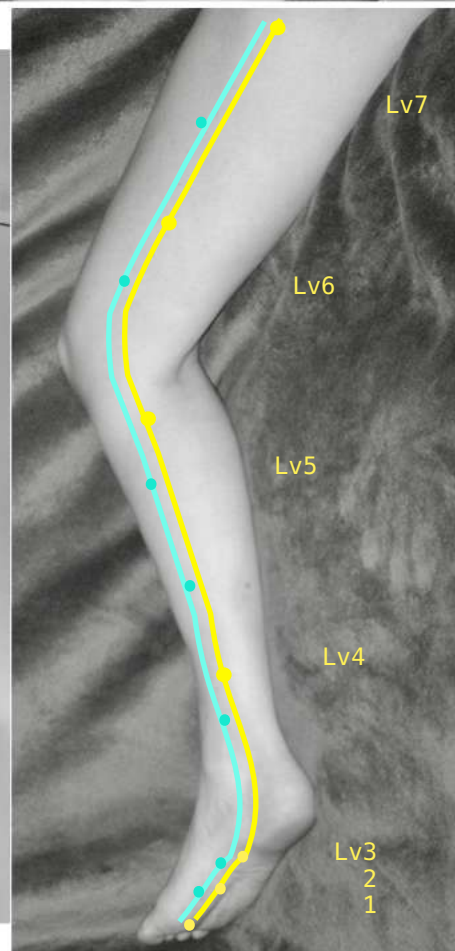
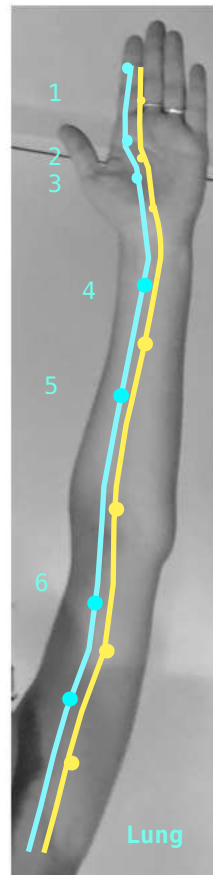
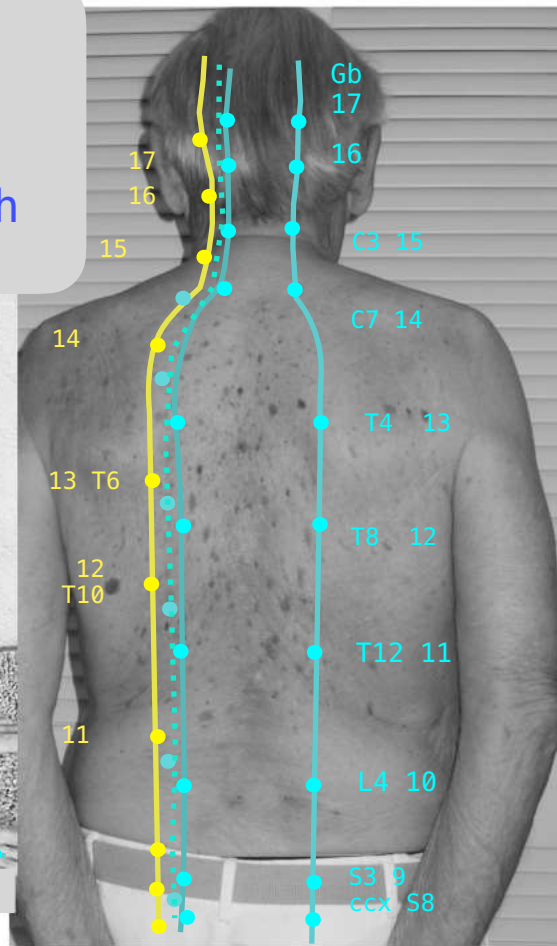
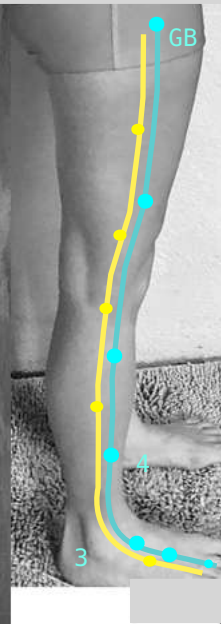
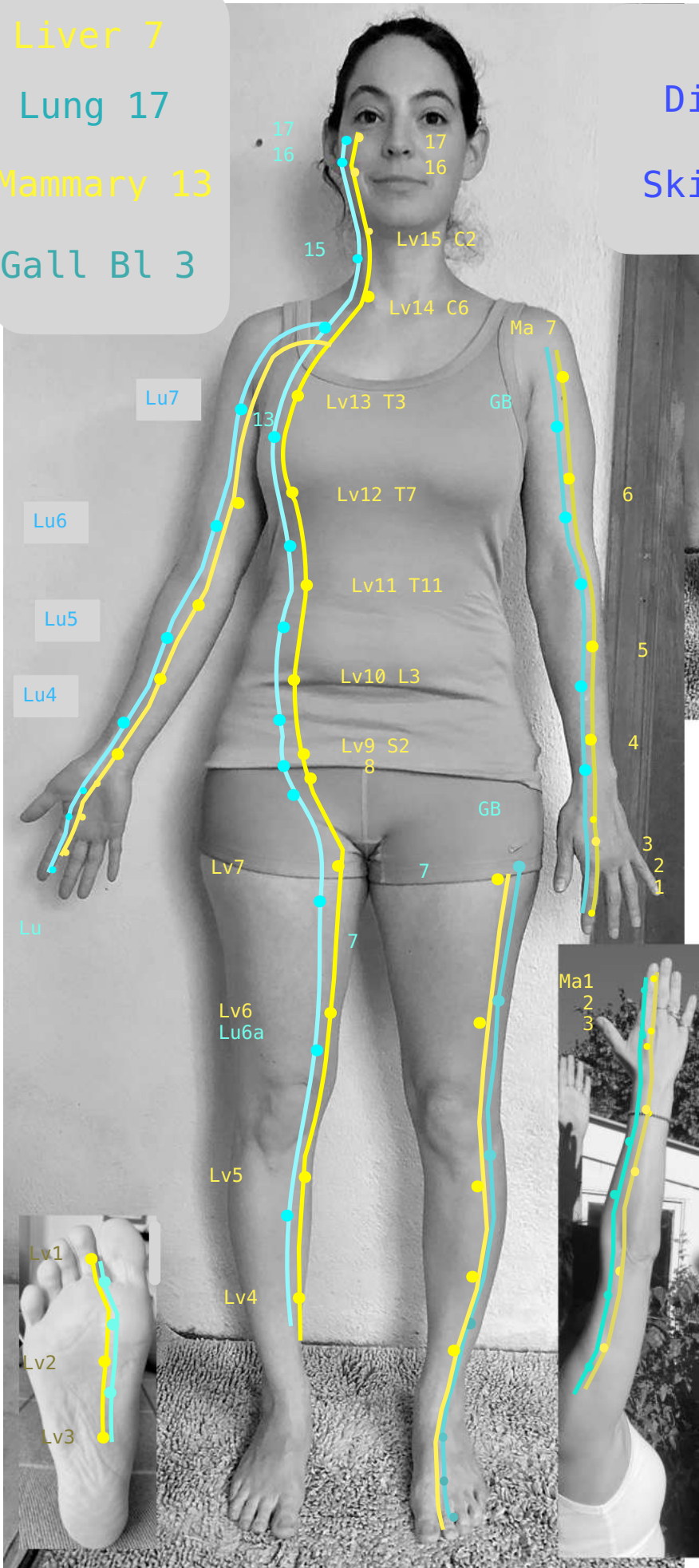
Lung 17

Mammary 13

Gall Bl 3

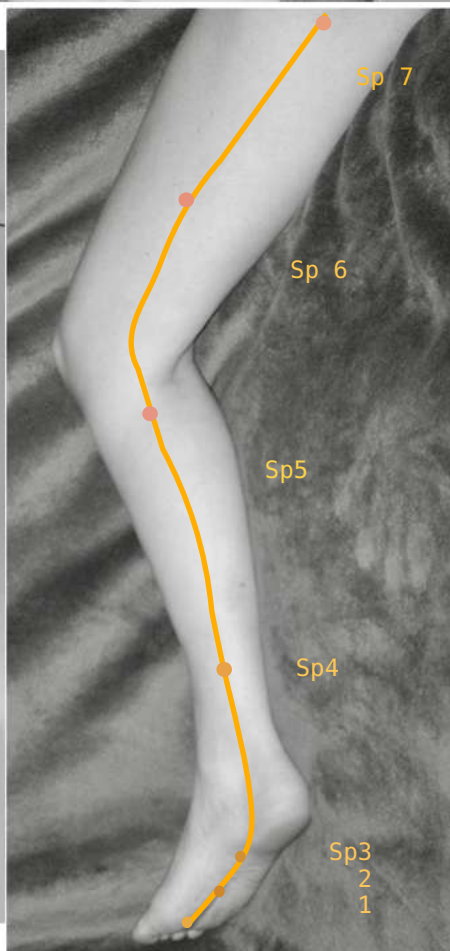
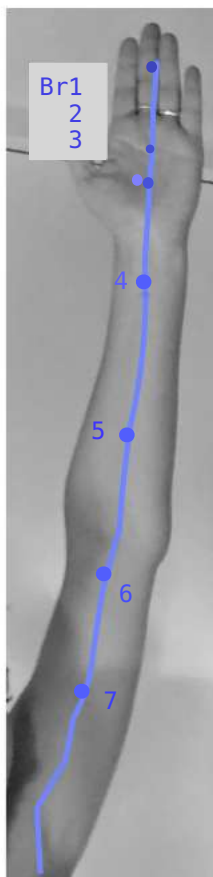
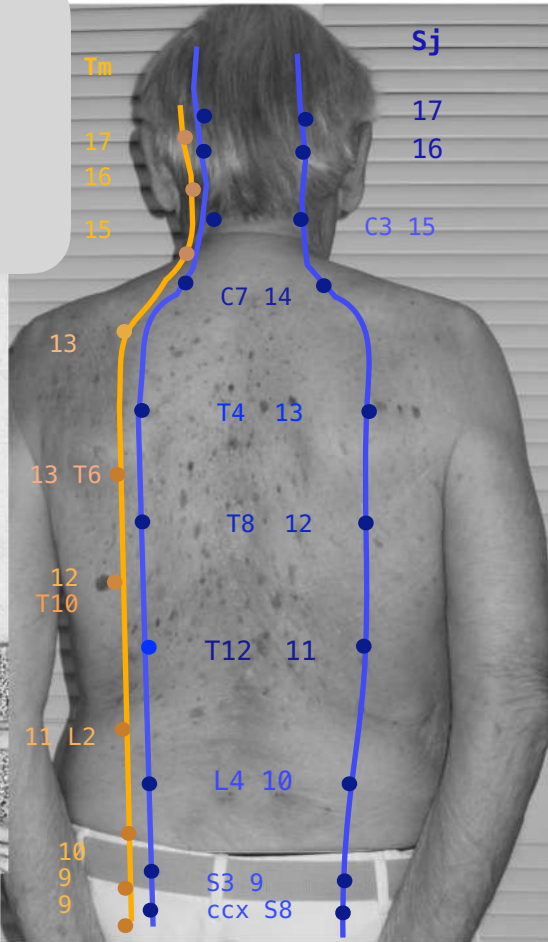
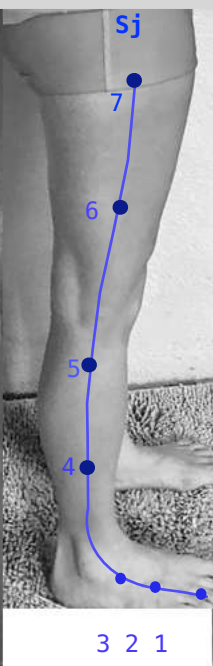
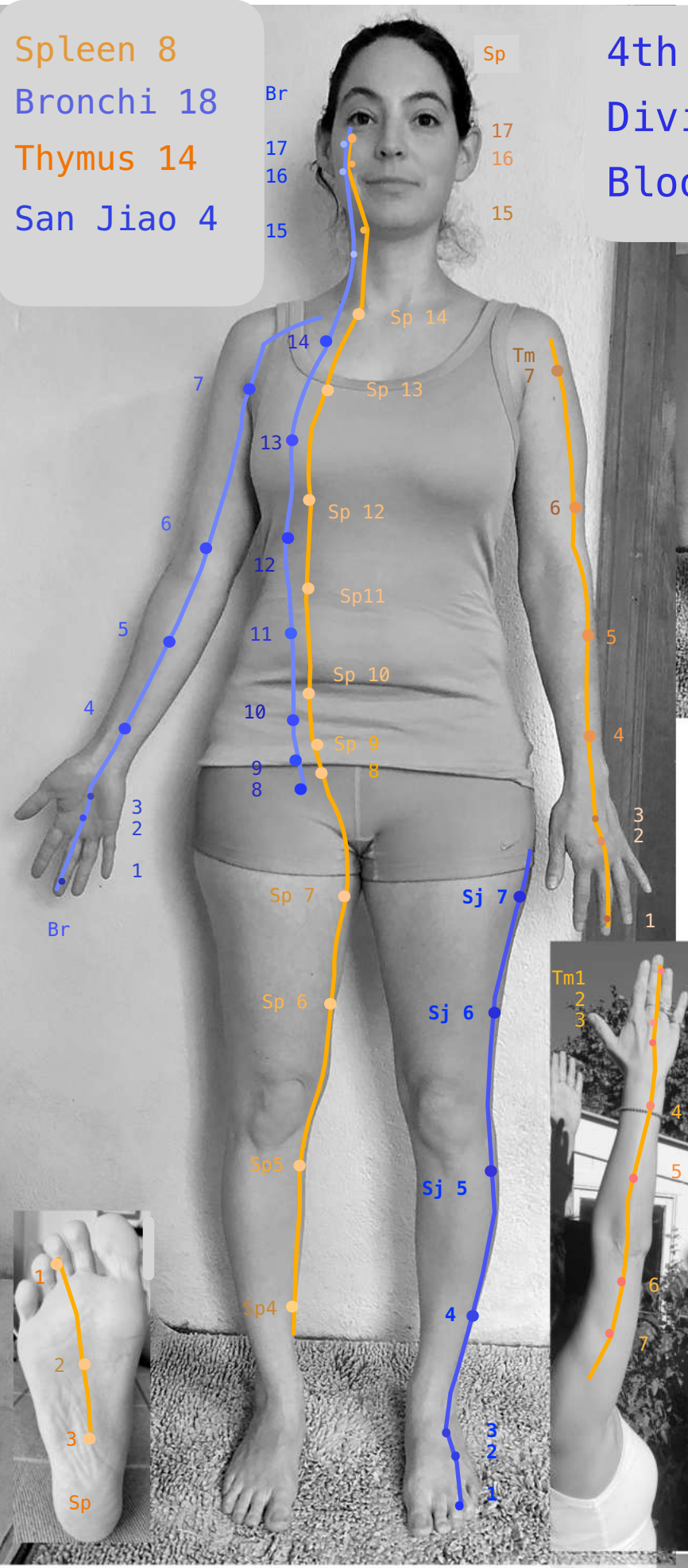
3rd
Division

Skin/Lymph

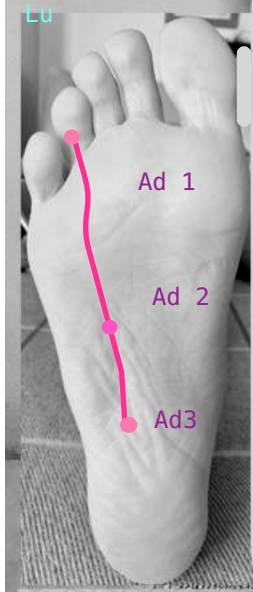
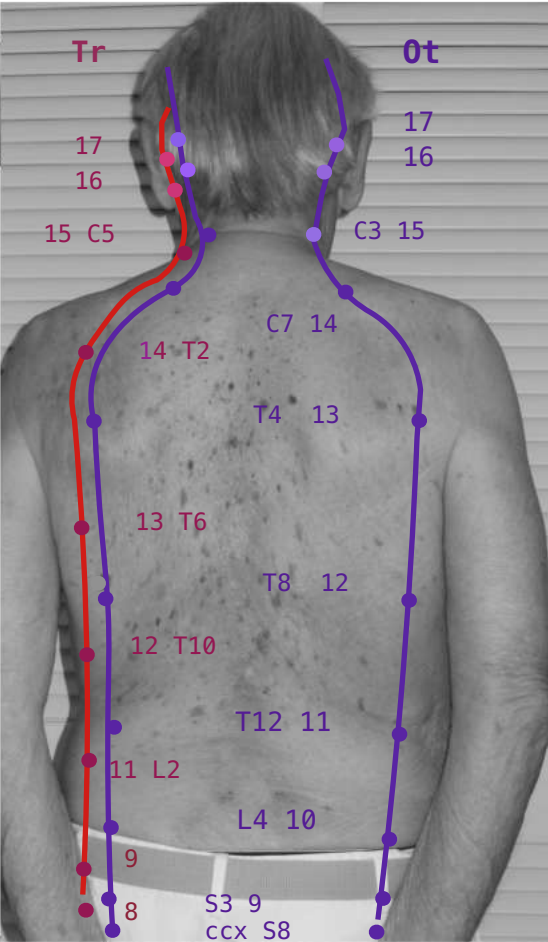
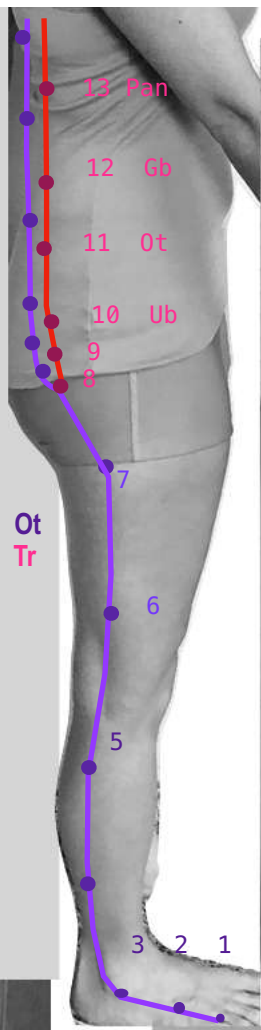
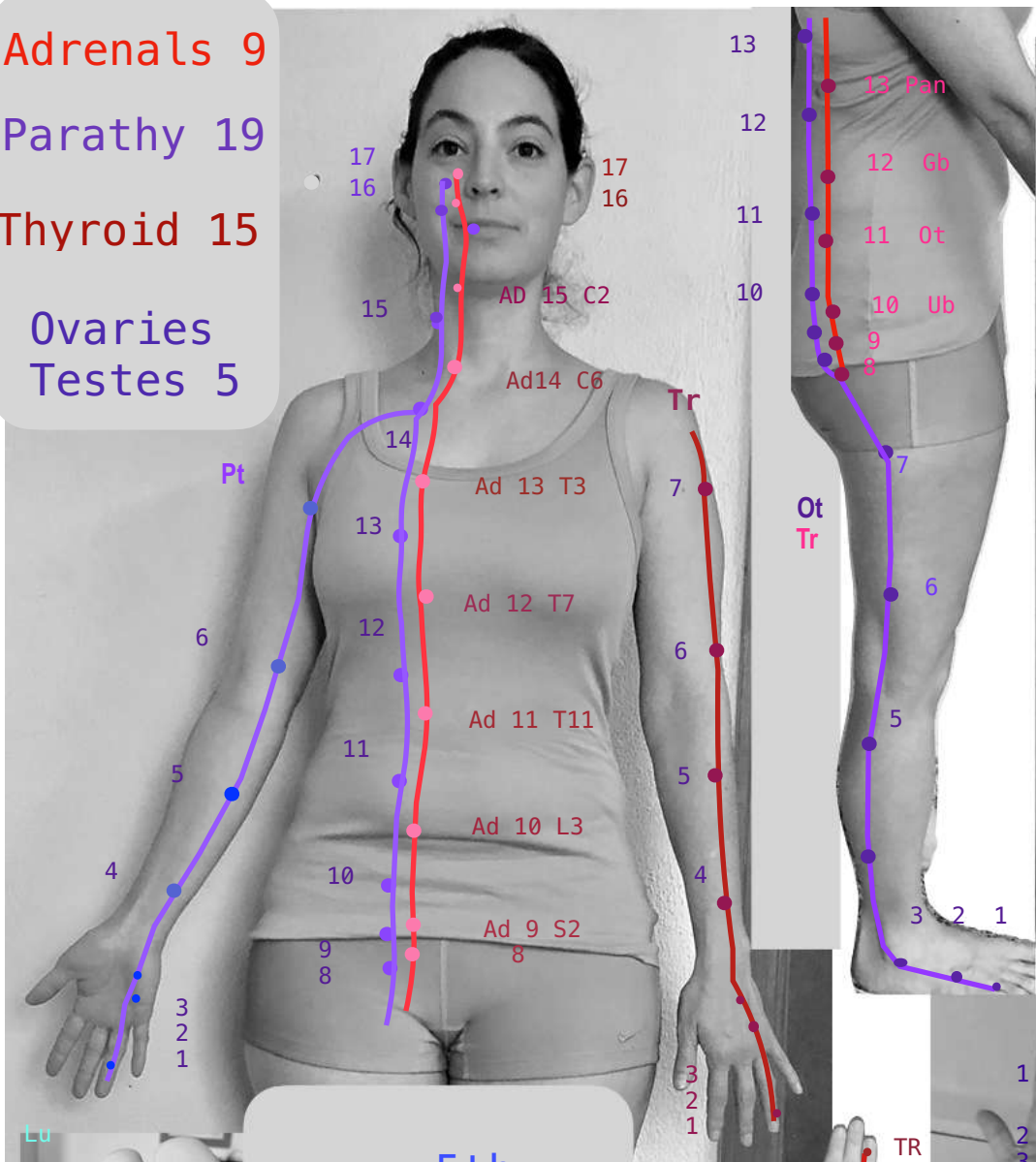


Spleen 8
Bronchi 18
Thymus 14
San Jiao 4

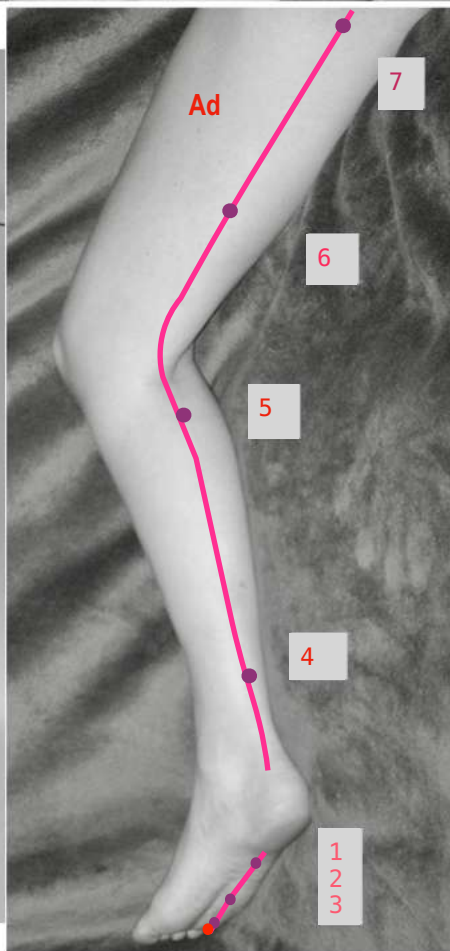
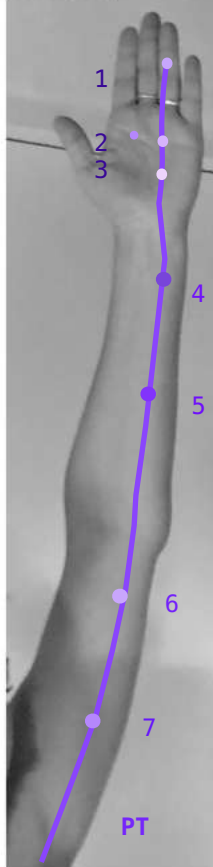
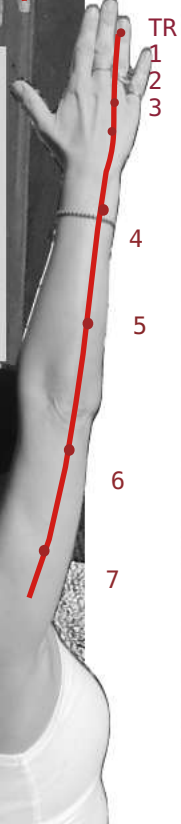
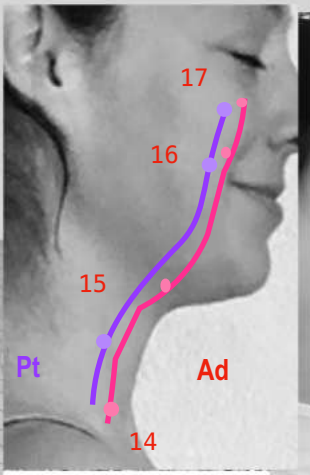
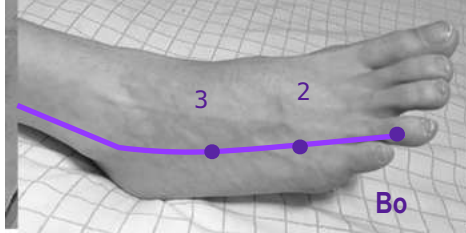
4th
Division
Blood

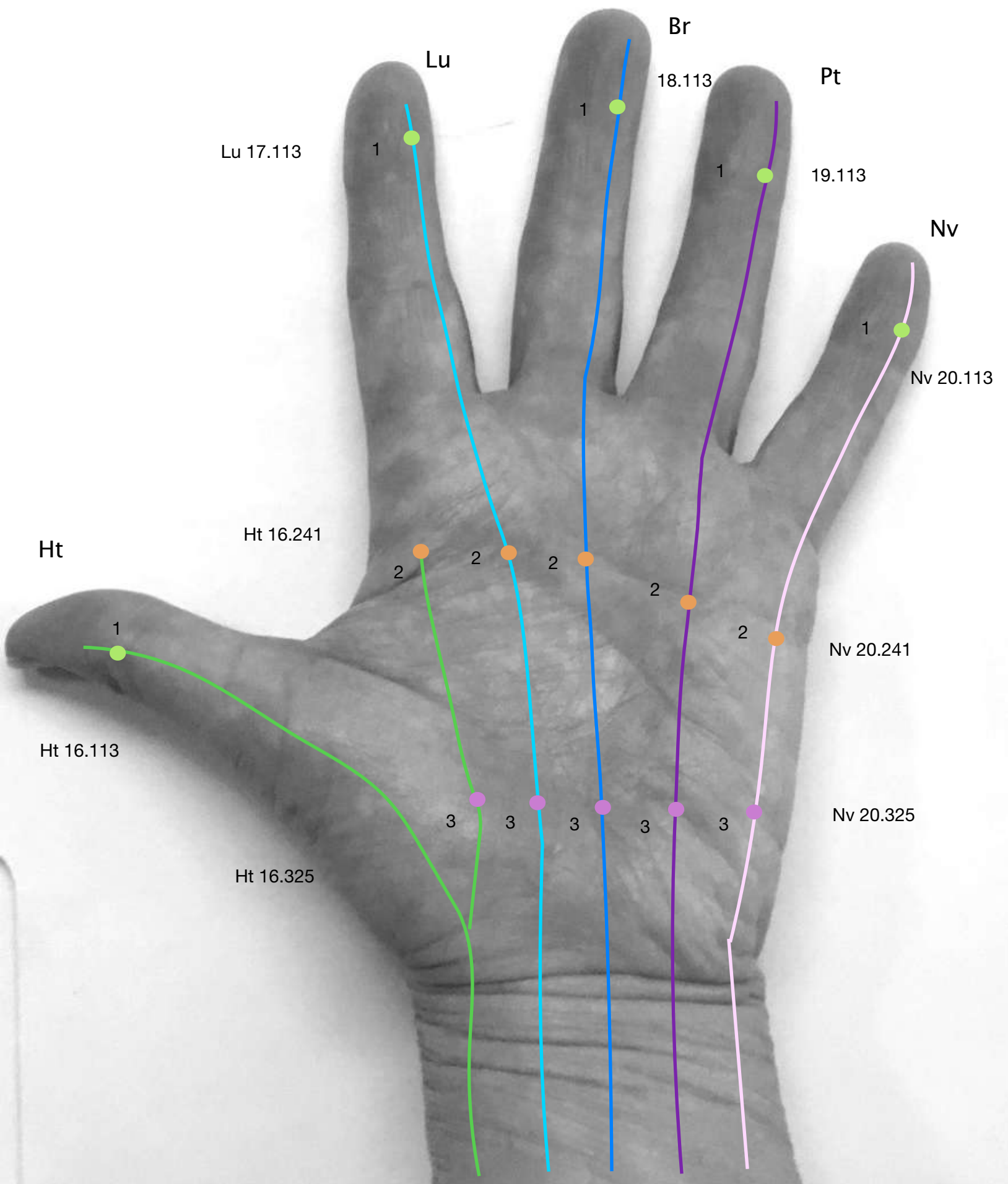


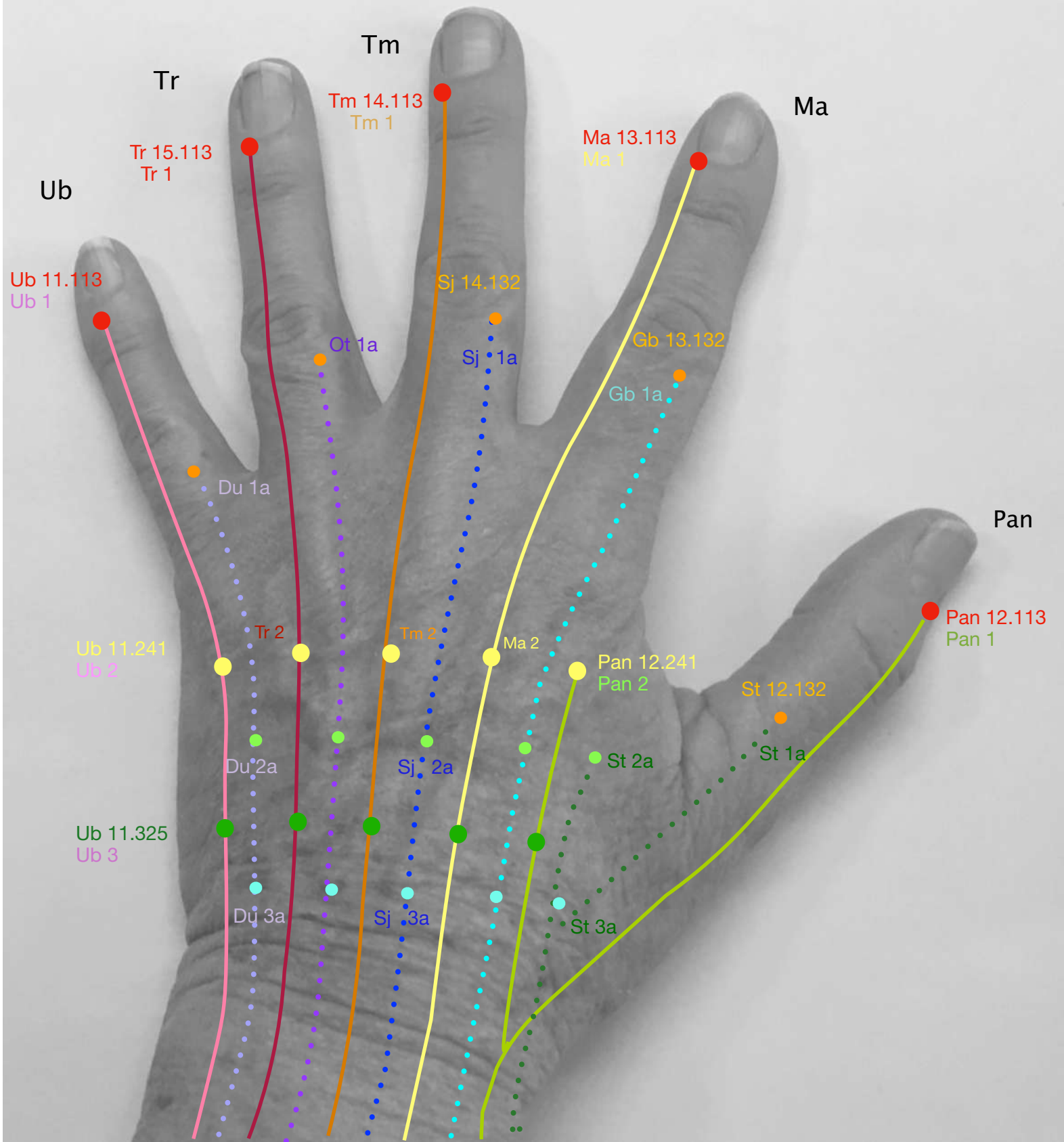
Adrenals 9
 Parathy 19
 Thyroid 15
 Ovaries
 Testes 5

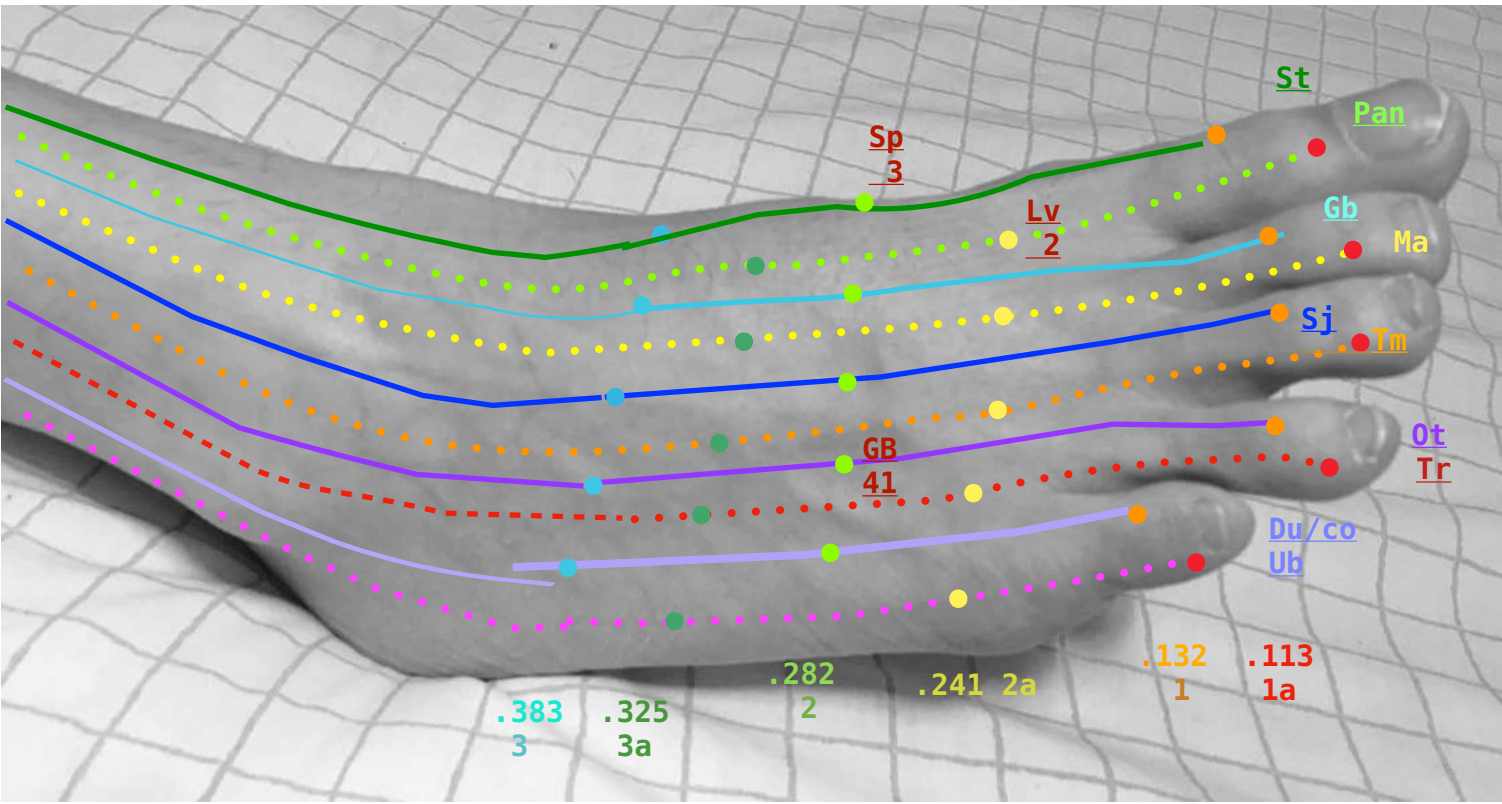


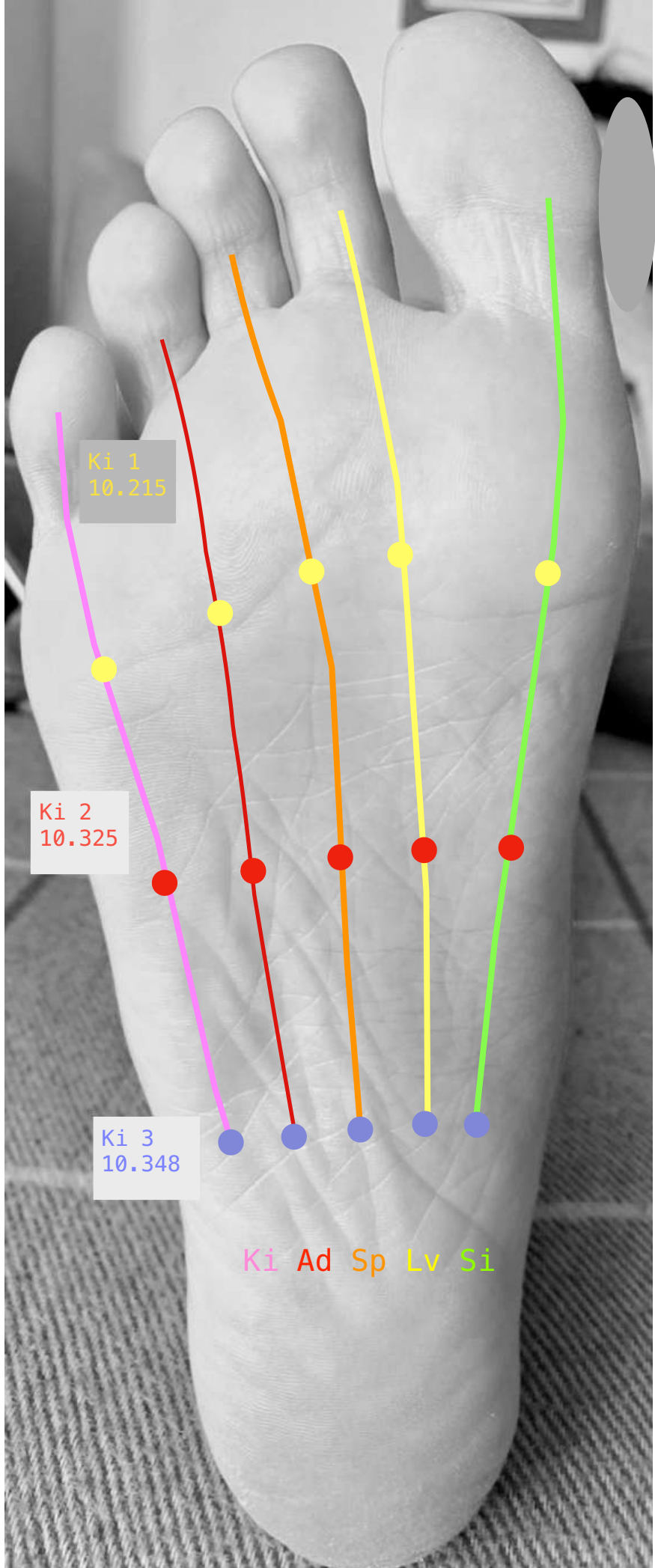
5th
 Division
 Reproductive
 Cartilage/
 Bone
 4th
 Digits









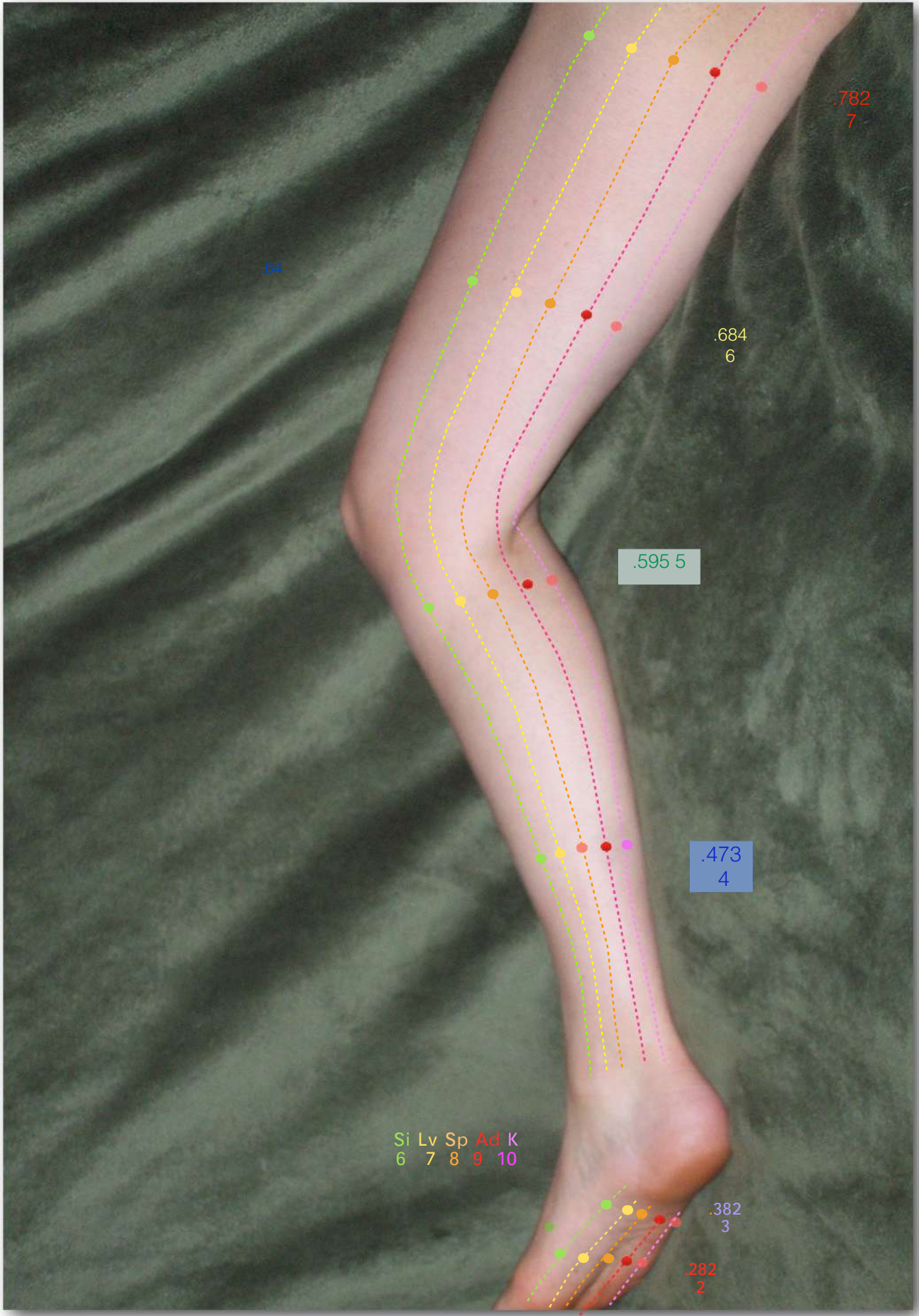


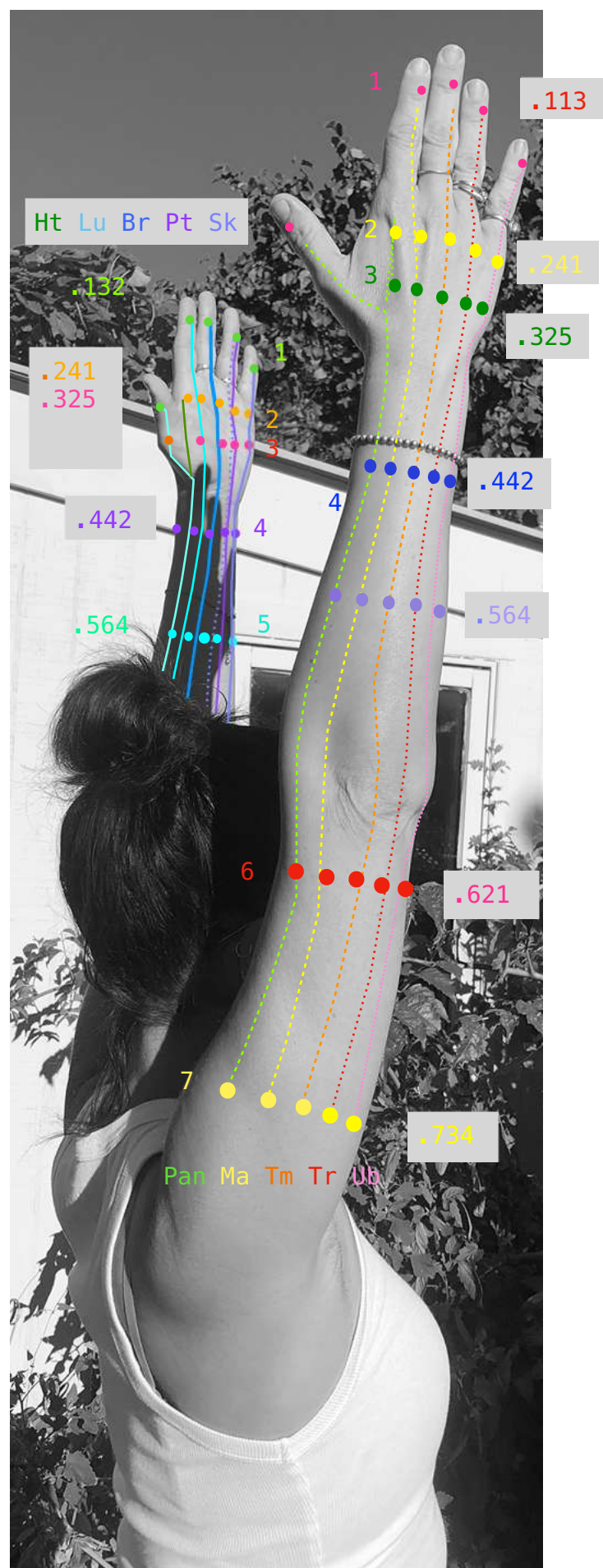
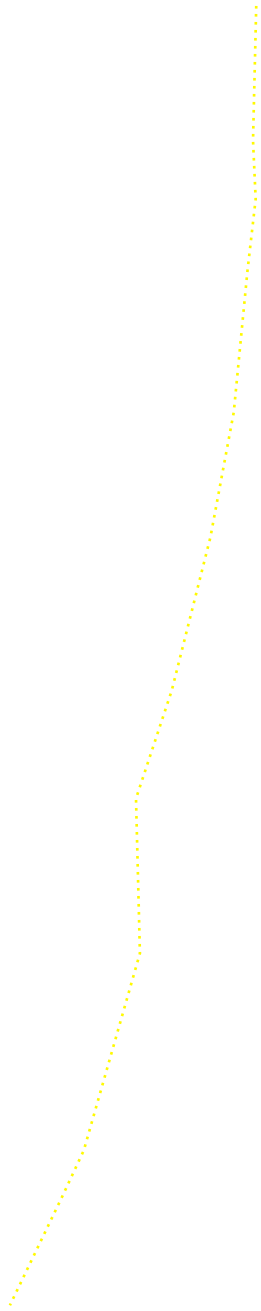
Ki 1
10.215

Ki 2
10.325

Ki 3
10.348

Ki Ad Sp Lv Si

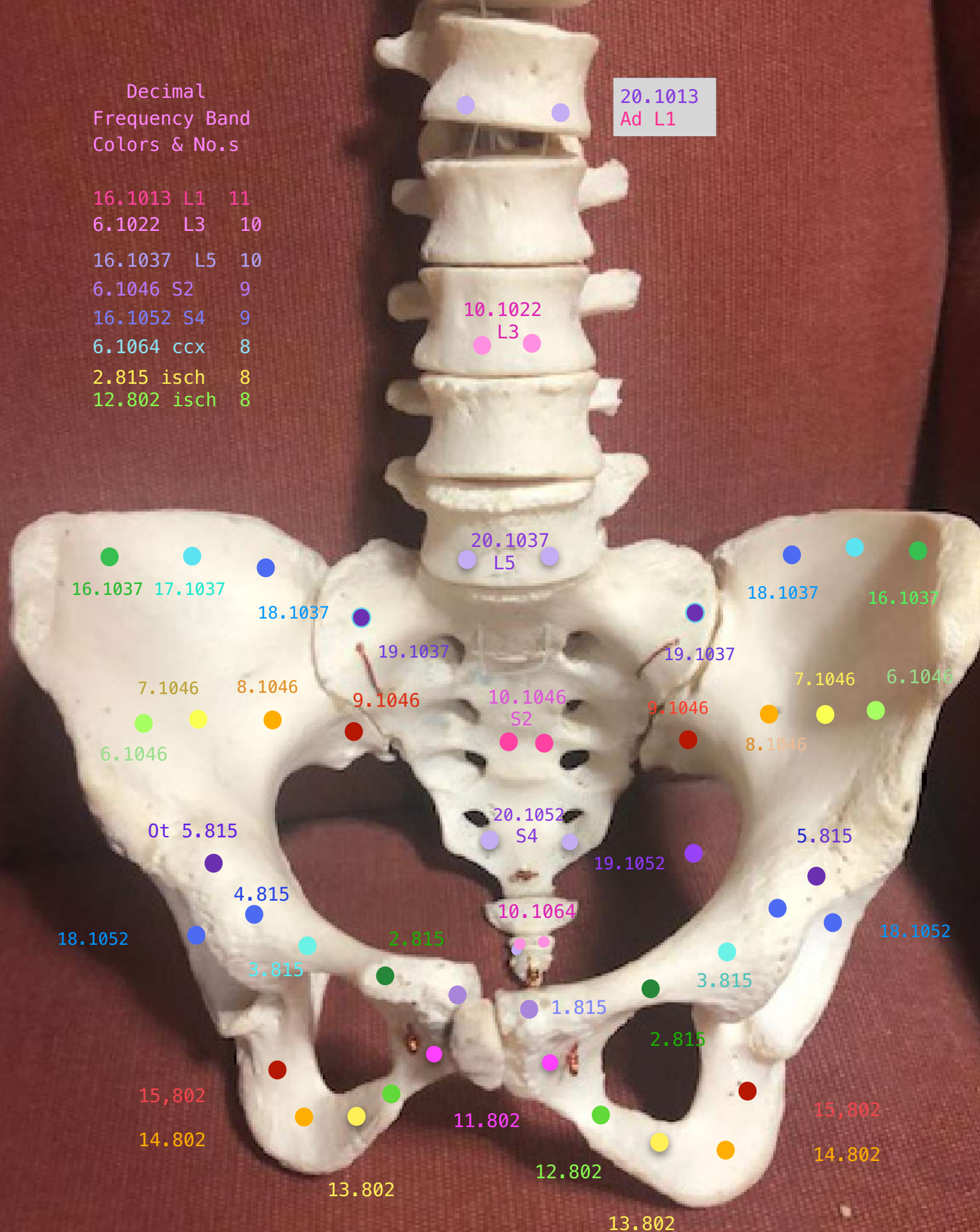


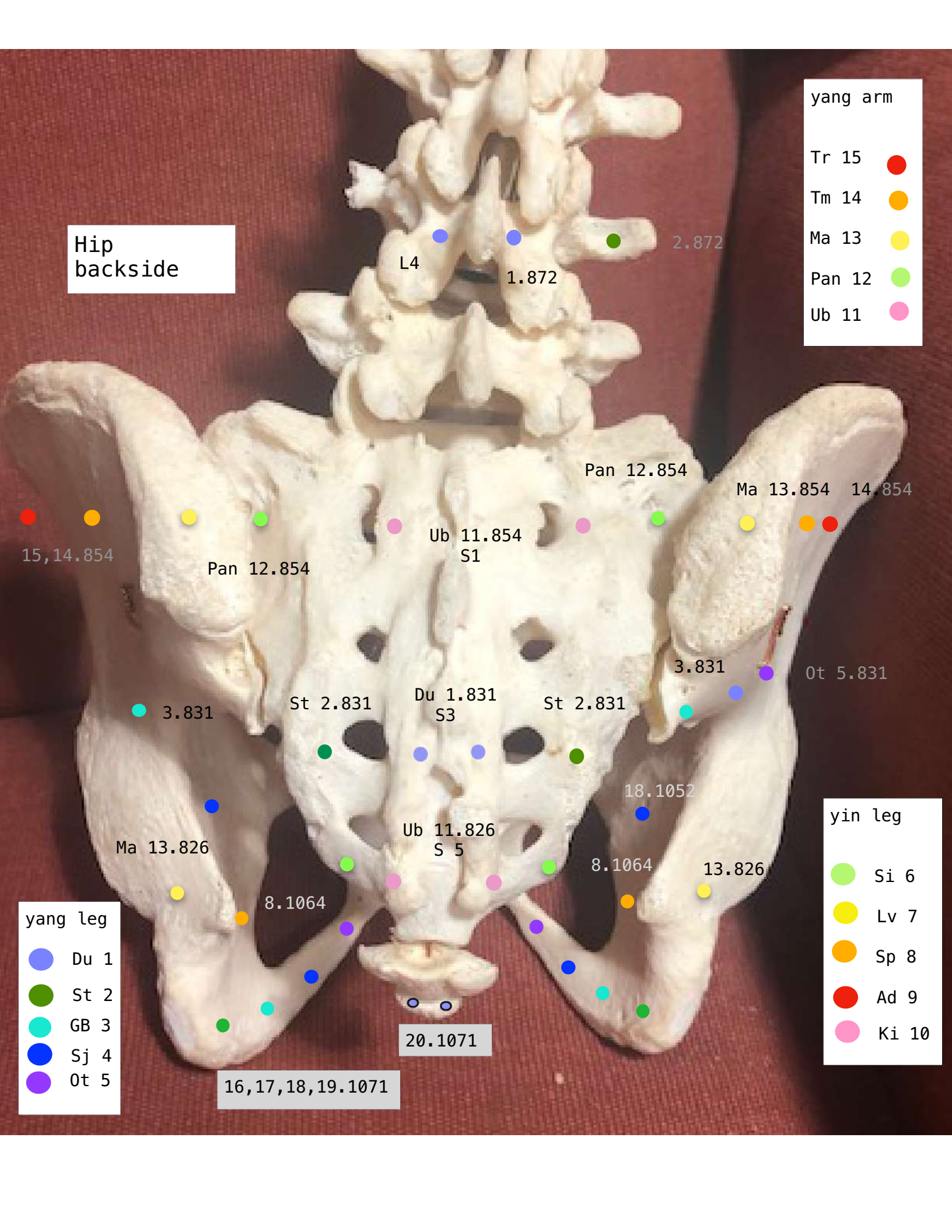


Decimal
Frequency Band
Colors & No.s

16.1013 L1 11
6.1022 L3 10
16.1037 L5 10
6.1046 S2 9
16.1052 S4 9
6.1064 ccx 8
2.815 isch 8
12.802 isch 8

20.1013
Ad L1





Hip
backside

- yang arm
- Tr 15
 - Tm 14
 - Ma 13
 - Pan 12
 - Ub 11

15,14.854

Pan 12.854

Ub 11.854
S1

Pan 12.854

Ma 13.854 14.854

3.831

St 2.831

Du 1.831
S3

St 2.831

3.831

Ot 5.831

Ma 13.826

8.1064

Ub 11.826
S 5

18.1052

8.1064

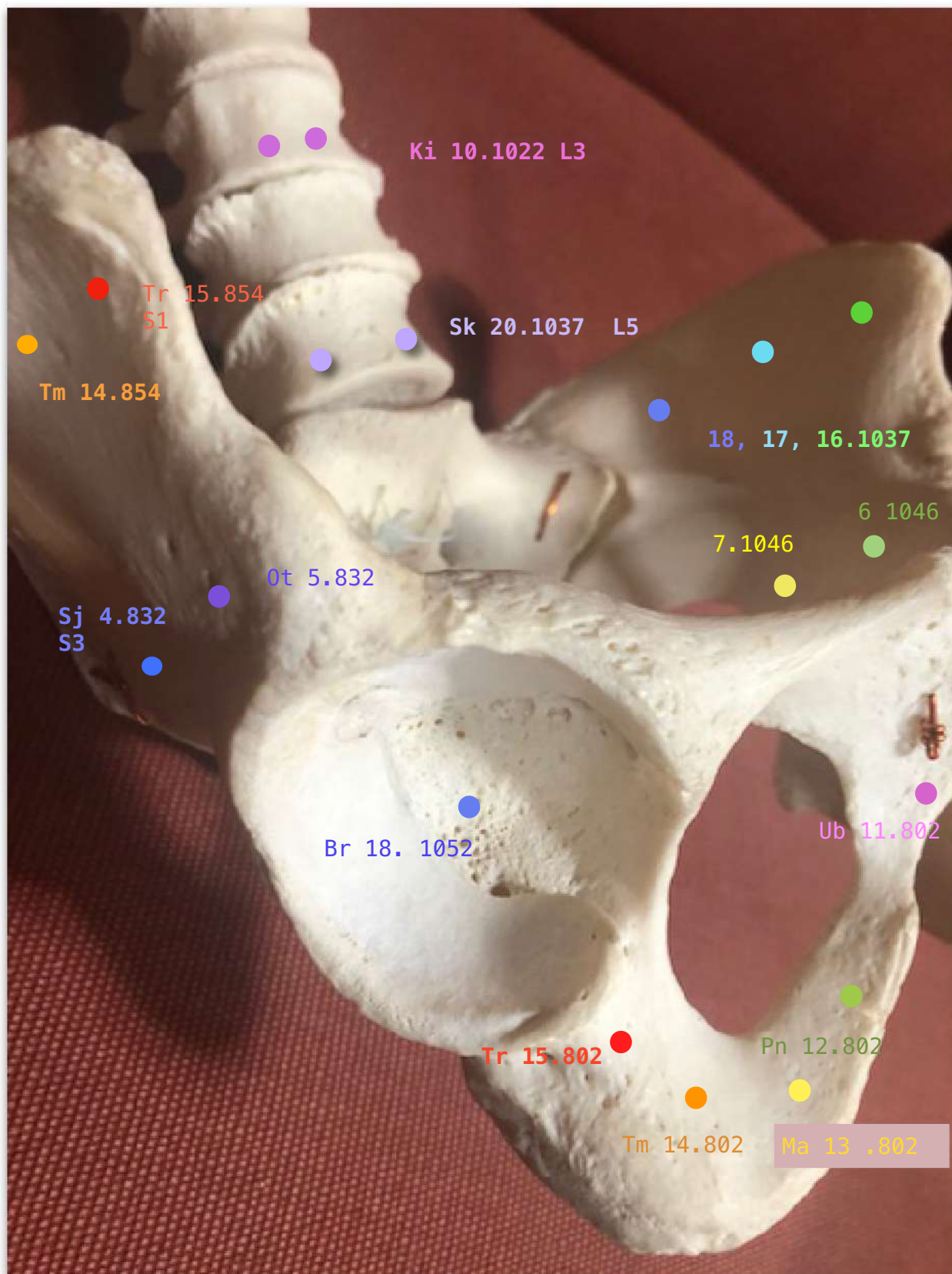
13.826

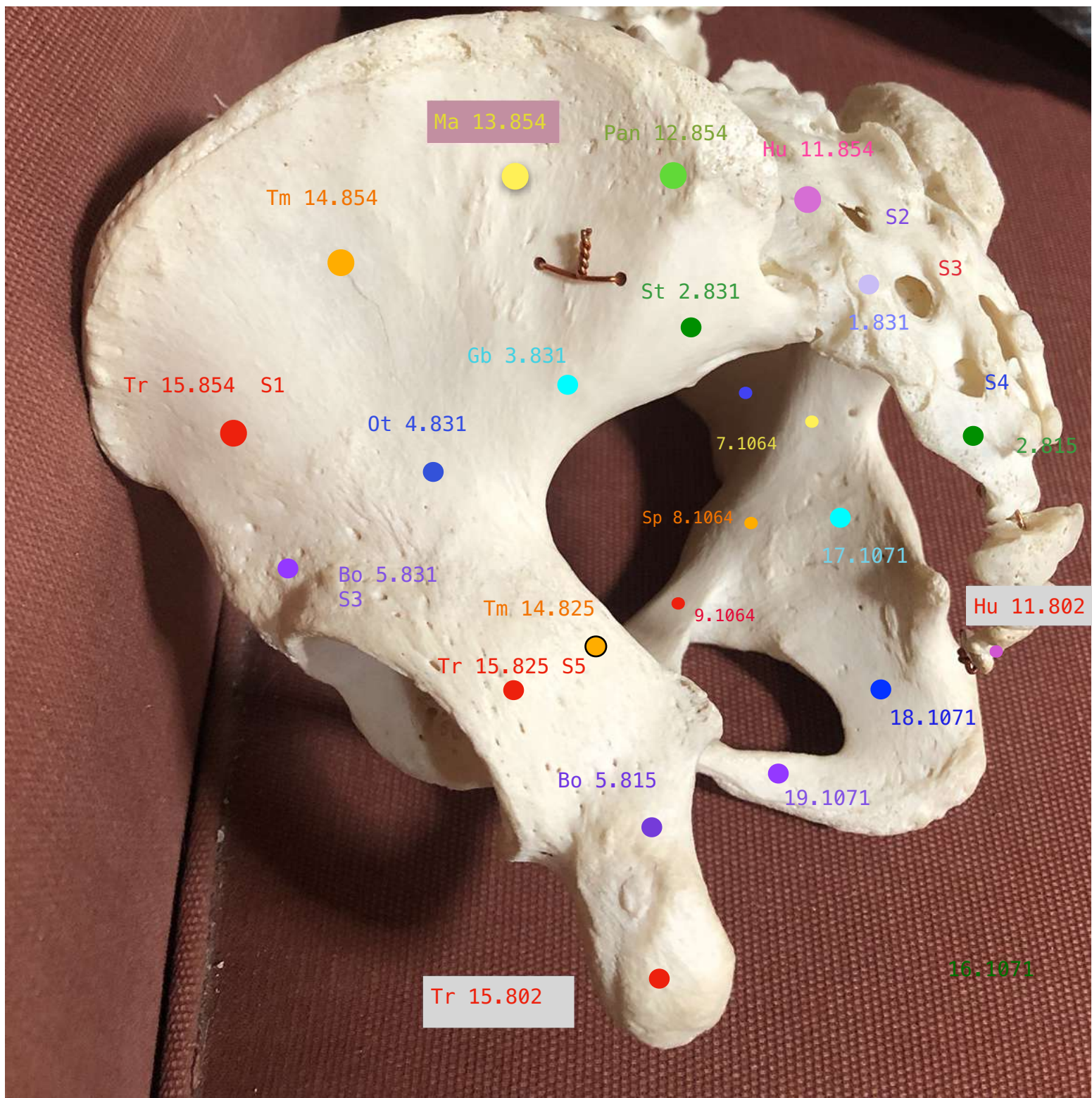
- yang leg
- Du 1
 - St 2
 - GB 3
 - Sj 4
 - Ot 5

- yin leg
- Si 6
 - Lv 7
 - Sp 8
 - Ad 9
 - Ki 10

20.1071

16,17,18,19.1071





Vert & no	Organ	Shu	Mu	Indications	Vert & no	Organ	Shu	Mu	Indications
face 17	fr. sinus nostrils		6.802	midbrain, muscle mu	T7 12	Small Intestine		6.962	sucrase, secretin
occ 17	tongue taste	2.1071		colliculi inferior	T8 12	Stomach	2.942		gastrin, pepsin, HCL
face 17	nose		16.815	smell	T9 12	Liver		16.986	glycogen
occ 17	pons, sphenoid sinus	12.1064		eustachian tubes, yang skin shu	T10 12	Gall Bladder	12.923		bile
face 16	maxillary sinus		6.826	medulla 4th ventricle	T11 11	Spleen		6.997	blood mu artery mu
occ 16	Cerebellum	2.1052		tendons vestib. nuclei RAS	T12 11	Ileum marrow San Jiao	2.902		vein shu glucagon
face 16	Eyes, ethmoid sinus		16.831	upper teeth nasopharynx	L1 11	Adrenals, fimbriae vas def		16.1013	cortisol, aldosterone, norepineph
C1 16	Ears, Salivary gl	12.1046		ear drum tonsils	L2 11	Ovaries Testes	12.883		bone, estrogen
C2 15	mouth, lips ventral horn		6.854	sweat glands oropharynx	L3 10	Kidney		6.1022	vulva, foreskin
C3 15	larynx epiglottis	2.1037		lower teeth adenoids	L4 10	Colon	2.872		
C4 15	esophagus mucosa		16.872	yin motor nerve mu	L5 10	sigmoid colon		16.1037	placenta
C5 15	trachea	12.1022		spinal cord yang side	S1 10	Bladder	12.854		seminal vess. fallopian tube
C6 14	Parathyroid		6.883	osteocalcin parathy horm.	S2 9	Uterus, prostate		6.1046	
C7 14	Thyroid, Sebaceous gland	2.1013		T3, thyroxin heat receptor	S3 9	Penis, Clitoris	2.831		
T1 14	Bronchi aortic arch		16.902	shoulder socket, sensory mu	S4 9	rectum		16.1052	hip socket lower veins
T2 14	Thymus	12.997 Xai		T immune	S5 9	anus	12.826 Xai		

T3 13	Lung		6.923	yin skin Mu	ccx 8	tail coccyx (vestigial)		6.1064	mesentery lower skin
T4 13	Mammary Lymph	2.986		diaphragm muscle	8 ccx	vulva l. lymph	2.815		clitoral hood glans penis
T5 13	Heart		16.942		8 isch	ureter		16.1071	
T6 13	Pancreas	12.962		insulin	8 ccx	urethra	12.802		tip of coccyx

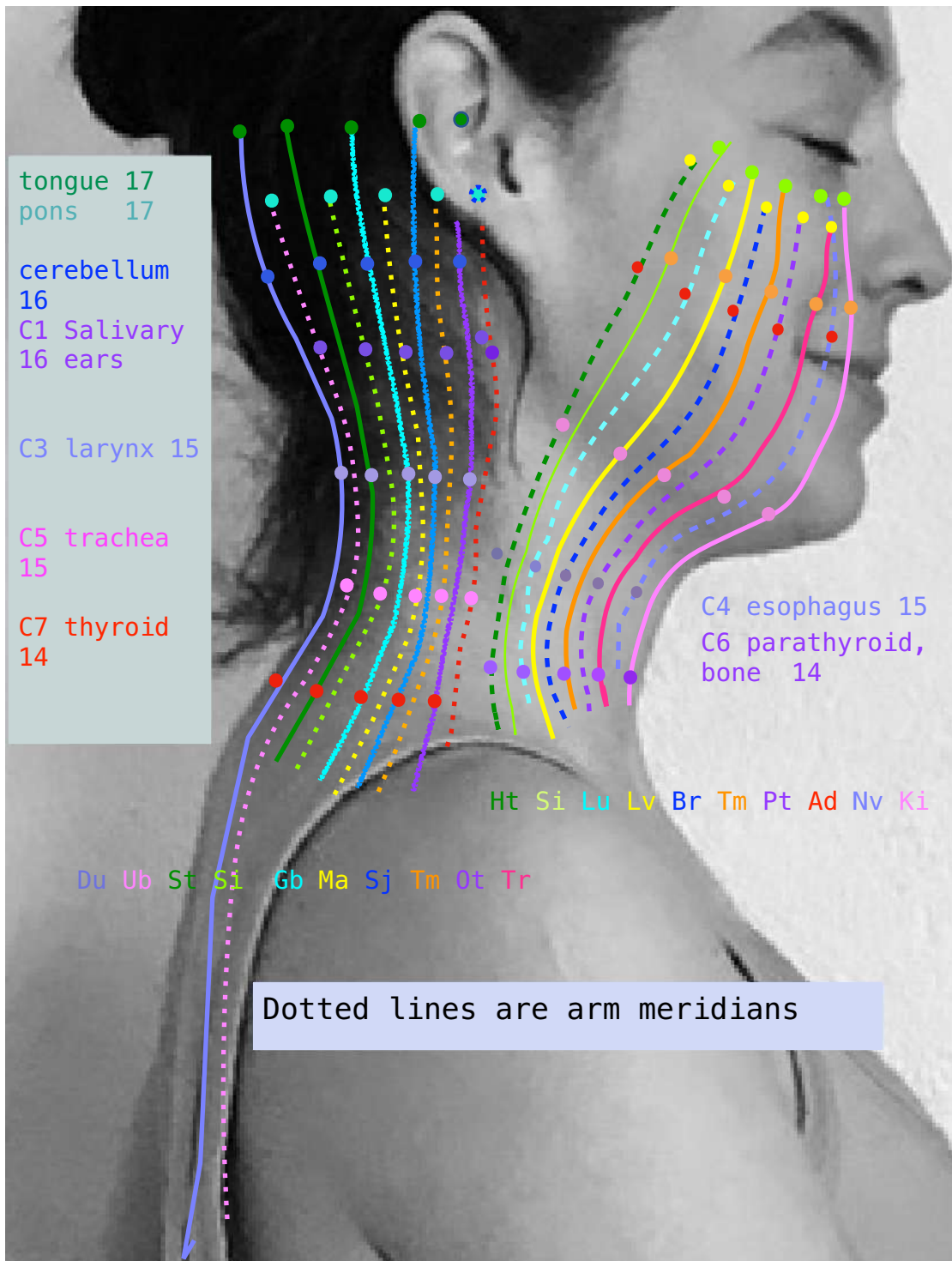
Element	Color	Acupuncture frequency			
phosphorous	red	11.113 10.782	The Working Chart		
chromium	orange	1.132 20.734	Front Chakras	Chakras	Back Chakras
hydrogen	yellow	11.241 10.684	20.872 esoph. 10.1037 s. colon	10th crown	11.854 Bladder 1.1052 trachea
manganese	lime	1.282 20.621	9.1046 Uterus 9.883 Parathyroid	9th	5.1013 Thyroid 5.832 Sex
potassium	green	11.325 10.595	Bronchi 18.902 18.1052 rectum	8th	14.997 Thymus 14.826 anus
nitrogen	turquoise	1.382 20.564	7.923 Lungs skin	7th	3.986 lymph Mammary
zinc equilibrium	blue	11.442 10.473	16.942 Heart	6th	12.962 Pancreas
calcium equilibrium	purple	1.473 20.442	6.962 Sm Intestine	5th	2.942 Stomach
magnesium	ultraviolet	11.564 10.383	17.986 Liver	4th	12.923 Gall bladder
iron	infrared	1.595 20.325	8.997 Spleen	3rd	4.902 Ileum marrow
sodium	red	11.621 10.282	9.1013 Adrenals	2nd	15.1046 Salivary 15.883 OT
carbon	orange	1.684 20.241	10.1022 Kidney 10.854 mouth	1st base	1.872 Colon 1.1037 larynx
sulphur	yellow	11.734 10.132			
molybdenum	lime	1.782 20.113			

app #	cranial yin	associated brain areas and cranial nerves	app #	cranial yin	brain areas and cranial nerves
24	32.113 (32.132)	CN Ic: olfactory bulb tip, BA47, VLPFC, a. cingul.	24	29.782 (29.113)	CN Ia: olfactory cells, BA06, s. frontal bone
24	38.132 (33.241)	CN Ib: BA46, VMA vomeronasal- VMO	24	23.734 (28.782)	CN I: olf. nerve, DMF BA08, caudate nuc.
23 Xai	34.241 (34.282)	CN IIa: optic chiasm BA31 PCC, BA 44 Brocas	23 Xai	27.684 (27.734)	IIa: BA09, DLPFC
23	40.282 (35.325)	II: optic nerve, retina, BA45, IFG, BA29	23	25.621 (30.684)	III oculomot: eyebrow BA10, fr. parietal
22	31.325 (31.383)	IV trochlear: insulas, CC infidibulum, BA30 RSC2 nucleus accumbens	22	26.595 (26.621)	VI: palatine bone BA11, orbitofrontal
22	36.383 (36.442)	V trigeminal: pineal ant temp lobe, BA38	22	21.564 (21.595)	VII facial n. BA21 med temp gyrus temp bone
21 equi.	35.442 (40.473)	Motor: BA04	21 equi	30.473 (25.564)	VIII: auditory ctx BA05 styloid, sup parietal
21 equi.	37.473 (37.564)	Somatosensory SS1 SS2.: BA01-3, angular gyrus BA39	21 equi	24.442 (24.473)	VIIIa: vestibular nerve mastoid, BA22, sup. tmp gyrus, Wernikes
20	33.564 (38.595)	IX: sup glossopharyngeal BA43	20	28.383 (23.442)	X vagus: sphenoid auditory cortex BA41
20	39.595 (39.621)	IXa inf. glossopharyngeal Exner's, sup marg. gyrus, BA32, prACC	20	22.325 (22.383)	CN XII: BA40 parietal lobe
19	32.621 (32.684)	XI accessory: PHCG1 hippocampus BA34 superior parietal	19	29.282 (29.325)	A: BA28 fusiform, VA6
19	38.684 (33.734)	XIII: BA32 PHCG2 globulus pallidus	19	23.241 (28.282)	B:BA19, putamen lat. ventricles
18 Xai	34.734 (34.782)	C: pituitary, 3rd ventricles BA37 OTC	18 Xai	27.132 (27.241)	E: BA18, VA2, VA4 hypothalamus, subthalamus nucleus
18	40.782 (35.113)	D: amygdala, BA24	18	25.113 (30.132)	F: VA1 BA17, occiput, thalamus

Vertebrae	App #s	phase 1 healthy or early	Second Line 1 phase 2 damage	Second Line 2 phase 2 phase 3	phase 3 serious damage shadow	Vertebrae	App #s	phase 1 early	Second Line 1 phase 2 damage	Second Line 2 phase 2 phase 3	phase 3 serious damage shadow
face	17a, 17b 17c, 17d	9.802 Ad 17	19.815 Pt 17	9.815 Ad 17a	19.802 Pt 17a	7th T	12, 12a 13, 12a	9.962 Ad 12	19.986 Pt 12	9.986 Ad 12a	19.962 Pt 12a
Occiput	17, 13 17a, 13a	5.1071 Ot 17	15.962 Tr 13	5.962 Ot 17a	15.1071 Tr 13a	8th T	12, 8 12a, 8a	5.942 Ot 12	15.962 Tr 8	5.962 Ot 12a	15.942 Tr 8a
face	17, 16 17a, 16a	19.815 Pt 17	9.826 Ad 16	19.826 Pt 17a	9.815 Ad 16a	9th T	12, 11 12a, 11a	19.986	9.997	19.997	9.986
Occiput	17, 17	15.1064	5.1071	15.1071	5.1064	10 T	12, 12	15.923	5.942	15.942	5.923
face	16, 16	9.826	19.831	9.831	19.826	11 T	11, 11	9.997	19.1013	9.1013	19.997
Occiput	16, 17	5.1052	15.1064	5.1064	15.1052	12 T	11, 12	5.902	15.923	5.923	15.902
face	16, 15	19.831	9.854	19.854	9.831	1st L	11, 10	19.1013	9.1022	19.1022	9.1013
1st C	16, 16	15.1046	5.1052	15.1052	5.1046	2nd L	11, 11	15.883	5.902	15.902	5.883
2nd C	15, 15	9.854	19.872	19.1037	19.854	3rd L	10, 10	9.1022	20.1037	10.1037	19.1022
3rd C	15, 16	5.1037	15.1046	5.1046	15.1037	4th L	10, 11	5.872	15.883	5.883	15.872
4th C	15, 14	19.872	9.883	19.883	9.872	5th L	10, 9	19.1037	9.1046	19.1046	9.1037
5th C	15, 15	15.1022	5.1037	15.1037	5.1022	1st S	10, 10	15.854	5.872	15.872	5.854
6th C	14, 14	9.883	19.902	9.902	19.883	2nd S	9, 9	9.1046	19.1052	9.1052	19.1046
7th C	14, 15	5.1013	15.1022	5.1022	15.1013	3rd S	9, 10	5.831	15.854	5.854	15.831
1st T	14, 13	19.902	9.923	19.923	9.902	4th S	9, 8	19.1052	9.1064	19.1064	9.1052
2nd T	14, 14	15.997	5.1013	15.1013	5.997	5th S	9, 9	15.826	15.831	5.831	5.826
3rd T	13, 13	9.923	19.942	9.942	19.923	ischium	8, 8	9.1064	19.1071	9.1071	19.1064
4th T	13, 14	5.986	15.997	5.997	15.986	coccyx	8, 9	5.815	15.826	5.826	15.815
5th T	13, 17	19.942 Pt 13	9.962 Ad 17	19.962 Pt 13a	9.942 Ad 17a	ischium	8, 17	19.1071	9.962	19.962	9.1071
6th T	13, 13	15.962 Tr 13	5.986 Ot 13	15.986 Tr 13a	5.962 Ot 13a	coccyx	8, 8	15.802	5.815	15.815	5.802

# ap	lo ca	Shu Mu phase 1 a	Second Line 1 b ph 2	Second Line 2 c ph2,3	deeper ph 3 d shadow	#	vert	Shu Mu phase 1 a	Second Line 1 b ph2,3	Second Line 2 c ph2,3	deeper ph 3 d shadow
17	face	fr. sinus Si 6.802	Ht 16.815	Si/Ht 6.815	Si 16.802	12	T7	Sm Intest. Si 6.962	Ht 16.986	Si/Ht 6.986	Si 16.962
17	occ	tongue St 2.1071	Pan 12.802	St/Pan 2.802	St shad 12.1071	12	T8	Stomach St 2.942	Pan 12.962	St/Pan 2.962	St 12.942
17	face	nose Lu 17.815	Lv 7.826	Lu/Lv 17.826	Lu 7.815	12	T9	Liver Lu 17.986	Lv 7.997	Lu/Lv 17.997	Lu shad 7.986
17	occ	pons Ma 13.1064	Gb 3.1071	Ma/Gb 13.1071	Ma 3.1064	12	T10	Gall Bladder Ma 13.923	Gb 3.942	Ma /Gb 13.942	Ma shad 3.923
16	face	medulla Sp 8.826	Br 18.831	Sp/Br 8.831	Sp 18.826	11	T11	Spleen Sp 8.997	Br 18.1013	Sp/Br 8.1013	Sp shad 18.997
16	occ	cerebellum Sj 4.1052	Tm 14.1064	Sj/Tm 4.1064	Sj shad 14.1052	11	T12	ileum marrow Sj 4.902	Tm 14.923	Sj/Tm 4.923	Sj shad 14.902
16	face	eyes Pt 19.831	Ad 9.854	Ad shad 19.854	Pt 9.831	11	L1	Adrenal Pt 19.1013	Ad 9.1022	Ad/Pt 19.1022	Pt 9.1013
16	C1	ears saliv Tr 15.1046	Ot 5.1052	Ot shad 15.1052	Ot shad 5.1046	11	L2	Ov/Testes Tr 15.883	Ot 5.902	Ot shad 15.902	Pt 5.883
15	C2	mouth Ki 10.854	Nv 20.872	Ki/Nv 10.872	Ki shad 20.854	10	L3	Kidney Ki 10.1022	Nv 20.1037	Ki/Nv 10.1037	Ki shad 20.1022
15	C3	larynx Du 1.1037	Ub 11.1046	Du/Ub 1.1046	Ub 11.1037	10	L4	Colon Du 1.872	Ub 11.883	Du/Ub 1.883	Du 11.872
15	C4	esophagus Nv 20.872	Ki 10.883	Nv/Ki 20.883	Nv 10.872	10	L5	Sig Colon Nv 20.1037	Ki 10.1046	Nv/Ki 20.1046	Nv 10.1037
15	C5	trachea Ub 11.1022	Du 1.1037	Ub/Du 11.1037	Ub 1.1022	10	S1	Bladder Ub 11.854	Du 1.872	Ub/Du 11.872	Ub shad 1.854
14	C6	Parathyroid Ad 9.883	Pt 19.902	Pt shad 9.902	Ad shad 19.983	9	S2	Ut/Pr Ad 9.1046	Pt 19.1052	Pt shad 9.1052	Ad 19.1046
14	C7	Thyroid Ot 5.1013	Tr 15.1022	Tr/Ot 5.1022	Ot 15.1013	9	S3	sex Ot 5.831	Tr 15.854	Tr shad 5.854	Ot 15.831
14	T1	Bronchi Br 18.902	Sp 8.923	Br/Sp 18.923	Br 8.902	9	S4	rectum Br 18.1052	Sp 8.1064	Br/Sp 18.1064	Br 8.1052
14	T2	Thymus Xai Tm 14.997	Sj 4.1013	Tm/Sj 14.1013	Tm 4.997	9	S5	anus Xai Tm 14.826	Sj 4.831	Tm/Sj 14.831	Tm 4.826
13	T3	Lung, skin Lv 7.923	Lu 17.942	Lv/Lu 7.942	Lv 17.923	8	isch	lower skin Lv 7.1064	Lu 17.1071	Lv/Lu 7.1071	Lv 17.1064
13	T4	Mamm, lymph Gb 3.986	Ma 13.997	Ma/Gb 3.997	Ma 13.986	8	ccx	vagina Gb 3.815	Ma 13.826	Ma/Gb 3.826	Gb 13.815
13	T5	Heart Ht 16.942	Si 6.962	Ht/Si 16.962	Ht 6.942	8	isch	ureter Ht 16.1071	Si 6.802	Ht/Si 16.802	Ht 6.1071
13	T6	Pancreas Pn 12.962	St 2.986	Pan/St 12.986	Pan 12.802	8	ccx	urethra Pan 12.802	St 2.815	Pan/St 12.815	Pan 2.802

Neck Mu and Shu Points



face points

Ki 10.802 fr sinus 17

Sk 20.815 nose 17

Ki 10.826 maxila 16

Sk 20.831 eyes 16
ethmoid

C2 10.854 mouth 15

Dotted lines are arm meridians

Ht Lu Br Pt Nv Si Lv Sp Ad Ki cranial

Nv Pt Br Lu Ht

Ht Lu Br Pt Nv

.113

.241

.325

.442

.564

.621

.734

arm

leg

arm

cranial

arm

leg

face 19.815

eyes 19.831

C4 19.872

T1 19.902

T5 19.942

T9 19.986

L1 .1013

L5 .1037

S4 .1052

isch .1071

arm

Nose 17

teeth 16

Esoph 15

Bronch 14

Heart 13

Liver 12

Adrenal 11

Sig Col10

Rectum 9

Ureter 8

arm

sinus 9.802 oc

Max 9.826

lips C2 .854

Pa C6 9.883

Lu T3 9.923

Sm In T7

9 .962

Sp T11 9.997

Ki L3 9.1022

Ut S2 9.1046

pub 9.1064

Ki Ad Sp Lv Si

Si Lv Sp Ad Ki

.473

.595

.684

.782

sinus 9.802 oc

Max 9.826

lips C2 .854

Pa C6 9.883

Lu T3 9.923

Sm In T7

9 .962

Sp T11 9.997

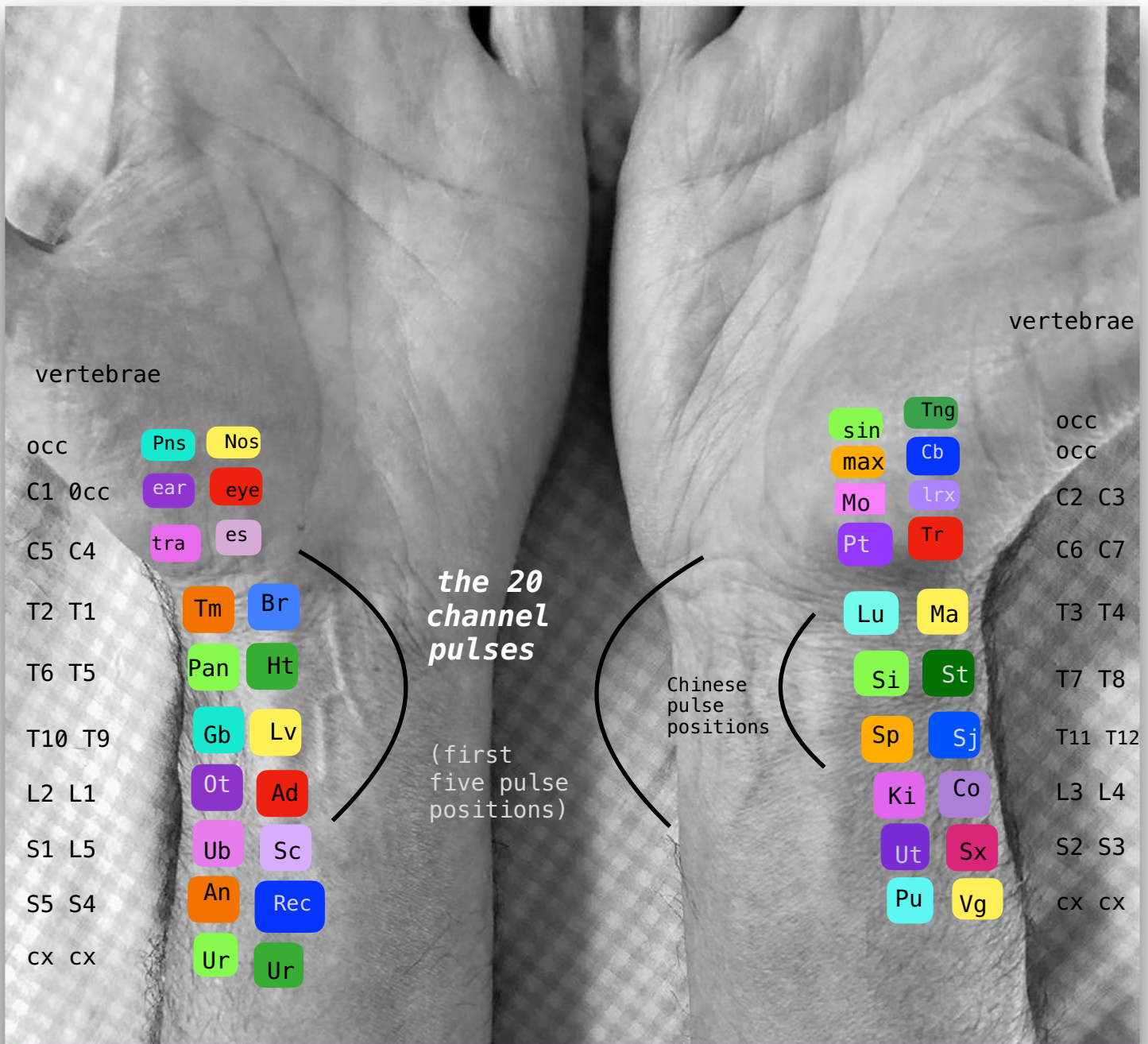
Ki L3 9.1022

Ut S2 9.1046

pub 9.1064



location app #	ph1 healthy a	mirror opposite b ph2	phase 2 main phase 3 shadow c	ph 3 shadow d opp.	location	ph1 healthy a same	mirror opposite b ph2	phase 2 main phase 3 shadow c	phase 3 shadow d opp.
fingertips yang, 1	Tr 15.113 cartilage	Ot 5.782	Tr/Ot 15.782	Tr 5.113	fingertip yin 1	Pt 19.113 bone	Ad 9.782	Pt/Ad 19.782	Pt 9.113
yang toes 1	Ot 5.132 bone	Tr 15.241	Ot/Tr 5.241	Ot 15.132	toes yin 1	Ad 9.132 cartilage	Pt 19.113	Ad/Pt 9.113	Ad 19.132
yang fingers 2	Tr 15.241	Ot 5.132	Tr/Ot 15.132	Tr 5.241	fingers yin 2	Pt 19.241	Ad 9.132	Pt/Ad 19.132	Pt 9.241
yang toes 2	Ot 5.282	Tr 15.325	Ot/Tr 5.325	Ot 15.282	foot yin sole 2	Ad 9.282	Pt 19.241	Ad/Pt 9.241	Ad 19.282
yang fingers, 3	Tr 15.325	Ot 5.282	Tr/Ot 15.282	Ot 5.325	palm yin 3	Pt 19.325	Ad 9.282	Pt/Ad 19.282	Pt 9.325
yang foot 3	Ot 5.383	Tr 15.442	Ot/Tr 5.442	Ot 15.383	foot yin sole 3	Ad 9.383	Pt 19.325	Ad 9.325	Ad 19.383
yang wrist 4	Tr 15.442	Ot 5.383	Tr/Ot 15.383	Tr 5.442	yin wrist 4	Pt 19.442	Ad 9.383	Pt/Ad 19.383	Pt 9.442
yang ankle 4	Ot 5.473	Tr 15.564	Ot/Tr 5.564	Ot 15.473	yin ankle 4	Ad 9.473	Pt 19.442	Ad/Pt 9.442	Ad 19.473
elbow yang, 5	Tr 15.564	Ot 5.473	Tr/Ot 15.473	Tr 5.564	elbow yin 5	Pt 19.564	Ad 9.473	Pt 19.473	Pt 9.564
yang knee 5	Ot 5.595	Tr 15.621	Ot/Tr 5.621	Ot 15.595	yin knee 5	Ad 9.595	Pt 19.564	Ad/Pt 9.564	Ad 19.595
up. arm yang 6	Tr 15.621	Ot 5.595	Tr/Ot 15.595	Tr 5.621	up. arm yin 6	Pt 19.621	Ad 9.595	Pt/Ad 19.595	Pt 9.621
upper leg, yang 6	Ot 5.684	Tr 15.734	Ot/Tr 5.734	Tr 15.684	up. leg yin 6	Ad 9.684	Pt 19.621	Ad/Pt 9.621	Ad 19.684
up. arm yang 7	Tr 15.734	Ot 5.684	Tr/Ot 15.684	Tr 5.734	up. arm yin 7	Pt 19.734	Ad 9.684	Pt/Ad 19.684	Ad 9.734
yang thigh 7	Ot 5.782	Tr 15.113	Ot/Tr 5.113	Ot 15.782	thigh yin 7	Ad 9.782	Pt 19.734	Ad/Pt 9.734	Ad 19.782



yin arm organs, meridians & chakras	yang leg organs, meridians & chakras	yin leg organs, meridians & chakras	yang arm organs, meridians & chakras
20 Nerve: esoph. C4 sigmoid colon: L5	1 Colon: L4 larynx, mandible C3	6 Sm Int: T7 fr sinus midbrain: face	12 Pancreas: T6 urethra: ischium
19 Parathyroid: C6 upper bones uterus/prostate: S2	5 Ovaries testes, lower bones: L2 Salivary, ears tonsils: C1	7 Liver: T8 Nose: face vomer, smell	13 Mammary, lymph: T4 vagina, glans penis, lower lymph: ischium
18 Bronchi pericardium: T1 rectum: S4	4 Sj: marrow, ileum, T12 cerebellum: occiput	8 Spleen, arteries: T11 maxilla: occ	14 Thymus: T2 anus: S5
17 Lung, skin: T3 pubis, lower skin: ischium	3 Gall bladder: T9 sphenoid, pons: occ	9 Adrenals: fimbriae L1 eyes, up. teeth: face	15 Thyroid, sebaceous gland: T1 sex organs: S3
16 Heart: T5 ureter, ischium	2 Stomach: T8 tongue: occ	10 Kidney: L3 mouth, lips, sweat, myelin eustachian: C2	11 trachea, spine: C5 Bladder, fallopian S1

